

Monona County Community Directory



Support Groups:

Alcoholics Anonymous (AA)

Blencoe:

Church of Christ
126 N. Manley St.
Blencoe, IA 51523
Time: Friday, 7:00 p.m.

Mapleton:

St. John's United Methodist Church
212 S. 7th St.
Mapleton, IA 51034
Time: Wednesday, 8:00 p.m.

Moorhead:

Bethesda Lutheran Church
703 Pine St.
Moorhead, IA 51558
Time: Monday, 8:00 p.m.

Onawa:

Faith Lutheran Church
316 15th St.
Onawa, IA 51040
Time: Monday, 8:00 p.m.

Burgess Health Center Conference Room
1600 Diamond St.
Onawa, IA 51040
Time: Saturday, 5:00 p.m.

Turin:

Turin Community Center
Hwy 175
Turin, IA 51040
Time: Saturday, 8:00 p.m.

Support Groups: (continued)

Alcoholics Anonymous (AA) (continued)

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Alzheimer's Association – Big Sioux Chapter

800 5th St., Suite 140

P.O. Box 3716

Sioux City, IA 51102

Phone: 1-800-426-6512

Website: www.alz.org/siouxland/in_my_community_support.asp

Provides support and respite services to family and caregivers of Alzheimer's patients.

Diabetes Support Group

Burgess Health Center

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-9268

Time: Meets the 1st Thursday of the month. Call for time.

Website: <http://www.burgesshc.org/services/support.htm>

Family Crisis Centers of Northwest Iowa

Phone: Crisis Hotline: 1-800-382-5603

Office Phone: 1-712-263-3765

Serving victims of domestic violence and sexual assault in Calhoun, Carroll, Crawford, Monona, Lyon, O'Brien, Osceola, and Sioux Counties. Offering **FREE AND CONFIDENTIAL** services for children and adults including:

- **Shelter and Transitional Housing** – safe haven for victims of domestic violence and sexual assault and their children. The newly-constructed shelter has a bed-and-breakfast home-like environment. Food and personal items are provided for our shelter guests.
- **Information and Referrals** – to various agencies to meet current needs.
- **Legal and Personal Advocacy** – to assist individuals or on behalf of individuals as they seek additional services. Types of advocacy include legal, medical and personal.
- **Support Groups** – to help individuals break the cycle of violence in their lives through peer support.
- **24-Hour Crisis Hotline** – is a 24-hour telephone service providing support, crisis intervention, general information, and referrals to various agencies: **1-800-382-5603**
- **Crisis Counseling** – to provide support and to assist individuals in identifying needs and options.

Support Groups: (continued)

Jackson Recovery Center or **Jackson Recovery Center**
1011 10th St. 800 5th St. Suite 200
Onawa, IA 51040 Sioux City, IA. 51101
Phone: 712-423-9098 Phone: 800-472-9018
(Call Denison to make and appointment for the Onawa site for adult/
adolescent outpatient services): 712-263-5065
Website: <http://jacksonrecovery.com>

Jackson Recovery Center is dedicated to meeting the addiction-related needs of Siouxland. They provide prevention and educational services as well as outpatient and inpatient addiction treatment to adults, adolescents and families. Some of the services they provide include: Adolescent inpatient services, Women's and Men's inpatient services, Adult and Adolescent outpatient services, Specialty services including children's services, behavioral addictions, eating disorders, medication-assisted treatment, gambling problems (1-800-BETS-OFF or 1-800-238-7633), OWI/DUI classes, and other education/prevention classes and counseling. See website for more detailed information and services.

Siouxland Area Narcotics Anonymous (SANA)
P.O. Box 581 or **Faith Lutheran Church**
Sioux City, IA 51102 **316 15th St.**
Phone: 24-hr. Helpline: 712-279-0733 **Onawa, IA 51040**
Website: <http://www.siouxlandna.org> **Time: Thursday, 7:30 p.m.**

“Narcotics Anonymous (N.A.) is a nonprofit fellowship or society of men and women for whom drugs have become a major problem. They are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. The only requirement for membership is the desire to stop using. They suggest that you keep an open mind and give yourself a break. This program is a set of principles written so simply that you can follow them in your daily lives. The most important thing about them is that they work.” The meetings in Onawa are open meetings for addicts, friends, family and other persons who are interested.