

Monona County Community Directory



Senior Services:

Administration on Aging (AoA)

Website: <http://www.aoa.gov/AoARoot/Index.aspx>

“Vision

In order to serve a growing senior population, AoA envisions ensuring the continuation of a vibrant aging services network at State, Territory, local and Tribal levels through funding of lower-cost, non-medical services and supports that provide the means by which many more seniors can maintain their independence.”

“Mission

The mission of AoA is to develop a comprehensive, coordinated and cost-effective system of home and community-based services that helps elderly individuals maintain their health and independence in their homes and communities.”

Alzheimer’s Association – Big Sioux Chapter

800 5th St., Suite 140

P.O. Box 3716

Sioux City, IA 51102

Phone: 1-800-426-6512

Website: <http://www.alz.org/siouxland/>

“The Big Sioux Chapter of the Alzheimer’s and Related Disorders Association, is a voluntary regional health agency dedicated to providing direct services, support, advocacy and education to persons with Alzheimer’s or related disorders, families, caregivers, and community.” Respite care is also available for caregivers. Please call for more information or visit the website.

Burgess Health Center

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-2311

Website: www.burgesshc.org

Provides 24/7 care to all area residents and is the only hospital in Monona County. Burgess Health Center also provides many outpatient specialty clinics so area seniors don’t have to travel as far for services. Some of these clinics include: audiology, cardiology, dermatology, ENT, gynecology, neurosurgery, oncology, ophthalmology, ortho, physical medicine, podiatry, psychiatry, pulmonary, rheumatology, urology and vascular clinics.

Senior Services: (Continued)

Connections Area Agency on Aging (Meals on Wheels)

2301 Pierce Street

Sioux City, IA 51104

712-279-6900 or 800-798-6916

Website: <http://www.connectionsaaa.org/services/>

Provides the Case Management Program for the Frail Elderly (CMPFE), which coordinates community services to help seniors remain in their own homes. The program is designed to prevent premature institutionalization of the elderly by arranging for appropriate services. Some of the services available to eligible seniors include: adult day care, assistive devices, Chore services, personal emergency response systems, home delivered meals, home health aide services, homemaker services, home/vehicle modification, mental health outreach, nursing care, nutritional counseling, respite, senior companions, transportation and consumer directed attendant care to the elderly over age 60 in Monona County. Congregate meal sites sponsored by Connections Area Agency on Aging include the following:

Good Time Charlie's Restaurant and Malt Shop

(712) 279-6900

616 Whittier, Whiting, IA

Meals served each weekday at 11:30am

Mapleton Community Center

(712) 881-1032

511 Main Street, Mapleton IA

Meals served Mon, Wed & Fri at Noon

Onawa Senior Center

(712) 423-3066

1017 8th Street, Onawa IA

Meals served each weekday at Noon

Ute Senior Center

(712) 885-2228

107 Main Street, Ute, IA

Meals served each weekday at Noon

Department of Human Services (DHS)

Harrison County DHS (Also serves Monona County) 204 East Sixth St, P.O. Box 189 Logan, IA 51546

Phone: 1-800-326-7732

Statewide Abuse Hotline: 1-800-362-2178

Website: http://dhs.ia.gov/Consumers/Find_Help/County_Offices/monona.html

Offers financial support, medical assistance, food stamps, mental health & disability services. (Call to apply for Medicaid services)

Senior Services: (Continued)

**Dependent Adult Abuse
Abuse & Neglect Hotline
Department of Human Services
5th Floor Hoover Bldg.
Des Moines, IA.
Phone: 1-800-362-2178**

Website:

http://dhs.iowa.gov/Consumers/Safety_and_Protection/Abuse_Reporting/DependentAdultAbuse.html

Individuals can report dependent adult abuse to this number. Calls are taken on a 24-hour basis.

Home Health Agencies in Monona County:

**Burgess Home Health and Hospice
1600 Diamond St.
Onawa, IA 51040
Phone: 712-423-2311**

Website: www.burgesshc.org/homehealth/homehealth.htm

**Heights Home Health
114 North 4th St., Suite C
Mapleton, IA 51034
Phone: 712-881-7144**

Website: www.pionet.net/~maplhgts/heights/index.htm

**Iowa Concern
2020 DMACC Blvd.
Ankeny, IA. 50021
Toll Free: 1-800-447-1985**

Website: <http://www.extension.iastate.edu/iowaconcern/>

Iowa Concern is a program of the Iowa State University Extension service. The toll-free number serves urban as well as rural Iowa. By calling Iowa Concern one has access to an attorney for legal education, stress counselors, and information and referral services for a wide variety of topics. All Iowa Concern services are available 24 hours a day 7 days per week at no charge.

National Council on Aging – Benefits Check-Up

Website:

https://www.benefitscheckup.org/index.cfm?gohome=true&partner_id=0&CFID=5178480&CFTOKEN=69364289

“Many older people need help paying for prescription drugs, health care, utilities and other basic needs. Ironically, millions of older Americans — especially those with limited incomes — are eligible for but not receiving benefits from existing federal, state and

Senior Services: (Continued)

National Council on Aging – Benefits Check-Up (continued)

local programs. Ranging from heating and energy assistance to prescription savings programs to income supplements, there are many public programs available to seniors in need if they only knew about them and how to apply for them.

Developed and maintained by The [National Council on Aging](#) (NCOA), BenefitsCheckUp is the nation's most comprehensive Web-based service to screen for benefits programs for seniors with limited income and resources.

BenefitsCheckUp includes more than 2,000 public and private benefits programs from all 50 states and the District of Columbia, such as:

- Prescription drugs
- Nutrition (including Supplemental Nutrition Assistance (SNAP)/Food Stamps)
- Energy assistance
- Financial
- Legal
- Health care
- Social Security
- Housing
- In-home services
- Tax relief
- Transportation
- Educational assistance
- Employment
- Volunteer services

Since 2001, millions of people have used BenefitsCheckUp to find benefits programs that help them pay for prescription drugs, health care, rent, utilities, and other needs. For more information on BenefitsCheckUp, contact us at comments@benefitscheckup.org.”

Nursing Homes:

Elmwood Care Centre

222 N 15th St.

Onawa, IA 51040

Phone: 712-423-2510

Website: www.elmwoodatonawa.com

Elmwood Care Centre is a 100-bed Medicare/Medicaid certified skilled nursing facility. Some of the amenities include an 8-foot bird aviary, full service beauty shop, an enclosed courtyard, two dining rooms and an activity room. Premiere Estates is an attached 24-unit assisted living quarters providing independent living with the security, privacy and the feeling of home. Other services include 24 hour skilled nursing care, respite care, specialized dietary service, wound care management, pain management, IV therapy, physical therapy, occupational therapy, and speech therapy.

Senior Services: (Continued)

Nursing Homes: (continued)

Maple Heights Nursing Home

2 Sunrise Ave.

Mapleton, IA 51034

Phone: 712-881-1680

Website: www.pionet.net/~maplhgts

Maple Heights is a 72-bed state and federally licensed nursing facility that is Medicare and Medicaid certified. The primary function is to provide a safe place for people who need nursing care to help with daily activities as prescribed by each individual's physicians for short recuperative periods as well as long term.

Pleasant View Care Center

200 Shannon Dr.

Whiting, IA 51063

Phone: 712-458-2417

Pleasant View Care Center is a Medicare/Medicaid certified facility and provides the following: Nursing home care, assisted living, senior community and is a Skilled Nursing Facility (SNF). Pleasant View Care Center caters to both short and long-term patient care. "It is primarily engaged in providing skilled nursing care and related services for residents who require medical or nursing care; or rehabilitation services for the rehabilitation of injured, disabled, or sick persons." Please call for more information.

US Social Security Administration

3555 Southern Hills Dr.

Sioux City, IA 51106

Phone: 712-255-5525

Website: <http://ssa.gov/>

- [Get or replace a Social Security card](#)
- [Apply for retirement benefits](#)
- [Apply for disability benefits](#)
- [Apply for Medicare](#)
- [Apply for other benefits](#)
- [Estimate your retirement benefits](#)
- [Get extra help with Medicare prescription drug costs](#)
- [Learn what you can do online](#)
- [Check the status of your application](#)
- [Services for people currently receiving benefits](#)
- [Request a Social Security Statement](#)
- [Get a form](#)
- [Get a publication](#)
- [Appeal a disability decision](#)
- [Services for the homeless, representative payees, governments, financial planners, human resource professionals & third parties](#)
- [Research popular baby names](#)
- [Find a Social Security office](#)

Senior Services: (Continued)

**Veteran Affairs
Monona County Courthouse
Contact Person: Kelly Hansen
610 Iowa Ave.
Onawa, IA 51040
Phone: 712-433-3710**

**Veteran's Rehabilitation & Employment Office (Sioux City)
1551 Indian Hills Dr.
Suite 214
Sioux City, IA 51104
Phone: 712-255-3808
Website: <http://www2.va.gov/directory/guide/facility.asp?ID=5485>**