

# Monona County Community Directory



## **HEALTH:**

**Burgess Health Center (Hospital)**  
**1600 Diamond St.**  
**Onawa, IA 51040**  
**Phone: 712-423-2311**  
**Website: [www.burgesshc.org](http://www.burgesshc.org)**

Burgess Health Center is the only hospital in Monona County. This beautiful facility has 31 private rooms which include medical/surgical and special care rooms as well as birthing suites and outpatient observation rooms. Many specialty outpatient clinics are also available at the hospital. See their website for a list of clinics. The emergency room is staffed 24 hours a day for any medical emergency situation.

Services offered at Burgess Health Center include:

- Cancer Care and Infusion Center
- Cardiac Rehab
- Community Education
- Diabetes Education
- Emergency Services
- Home Health and Hospice
- Inpatient care
- Laboratory
- Medical Alert system
- Mental Health.....712-423-9160
- Obstetrics – Family beginnings
- Pulmonary Rehab
- Physical, Occupational and Speech Therapy
- Radiology
- Real Weigh
- Specialists

Specialty Clinics that require a referral from your family physician:

- 1) Audiology (hearing)
- 2) Cardiology (heart)
- 3) Dermatology (skin)
- 4) ENT (Ear, Nose and Throat)

## **HEALTH: (continued)**

### **Burgess Health Center (continued)**

Specialty Clinics that require a referral from your family physician:

- 5) Gynecology (female reproductive)
- 6) Nephrology (kidney)
- 7) Neurosurgery (brain)
- 8) Oncology (cancer)
- 9) Ophthalmology (eye)
- 10) Ortho (bones, joints)
- 11) Podiatry (foot)
- 12) Psychiatry (mental health)
- 13) Pulmonary (lung)
- 14) Retinal (eye)
- 15) Rheumatology (arthritis)
- 16) Urology (kidney, bladder)

### **Dental Clinics:**

**Family 1<sup>st</sup> Dental**  
**909 Iowa Ave.**  
**Onawa, IA 51040**  
**Phone: 712-433-3937**

**Midlands Dental**  
**214 East Erie**  
**Missouri Valley, IA 51555**  
**Phone: 712-642-4136**

**Patera Family Dentistry**  
**307 Main**  
**Mapleton, IA 51034**  
**Phone: 712-882-1021**

**Pediatric Dentistry**  
**28 North Main**  
**Denison, IA 51442**  
**Phone: 712-263-2111**

**Siouxland Community Health Center**  
**1021 Nebraska St.**  
**Sioux City, IA 51105**  
**Phone: 712-252-2477**

## **HEALTH: (continued)**

### **Environmental Health Services:**

**Monona County Environmental Health**

**610 Iowa Ave.**

**Onawa, IA 51040**

**Phone: 712-433-3400**

**Website: [http://mononacountypublichealth.org/Environmental\\_Health.html](http://mononacountypublichealth.org/Environmental_Health.html)**

Environmental Health is a branch of Public Health that is concerned with all aspects of the environment that may affect human health. It is the goals of the Monona County Environmental Health office to protect the environment for future generations of Monona County.

Services offered by Monona County Environmental Health include the following:

- Free water tests on new and existing private wells are done Monday through Wednesday from 8:00 a.m. to 10:00 a.m.
- The County will pay up to \$400 to plug abandoned wells through the Grants to Counties Program
- Nuisance Complaints
- Any new or existing homes and/or businesses that are not connected to the city sewer system are required to have an onsite wastewater system
- Time of Transfer certified inspector lists are available
- Healthy Homes Initiative
  - ❖ The goal of this initiative is to increase awareness of health and housing issues in Iowa by providing information to the general public. Topics addressed include:
    - Lead Poisoning, Asbestos, Secondhand Smoke, Animal Dander, Asthma Triggers, Radon, Bed Bugs, Mold and Mildew, Multiple Chemical Sensitivity, Roach Infestations, Carbon Monoxide and more.
- Rabies
- West Nile Virus

### **Family Planning Services:**

**Monona County Public Health**

**610 Iowa Ave.**

**Onawa, IA 51040**

**Phone: 712-433-1773**

**Website: [http://mononacountypublichealth.org/Family\\_Planning\\_Services.html](http://mononacountypublichealth.org/Family_Planning_Services.html)**

Women's and Men's Health Care is a basic service essential for the promotion of optimal family health throughout the life cycle. Clinic services include a physical exam, pap smears, counseling, education, pregnancy testing, nutritional information, and family planning supplies for men and women. In addition, sexually transmitted disease screening, education, and treatment are offered. Referrals to other health care services are completed as needed (such as mammography screening). See website for more details.

## **HEALTH: (continued)**

### **Monona County Public Health**

**610 Iowa Ave.**

**Onawa, IA 51040**

**Phone: 712-433-1773**

**Website: [www.mononacountypublichealth.org](http://www.mononacountypublichealth.org)**

Services include:

- Acute disease prevention and emergency response
- Child Health Program
- Childhood Lead Poisoning Prevention Program
- Emergency Preparedness
- Environmental Health & Zoning including permit application forms
- Family Planning Services/Women's & Men's Health Clinic
- Immunization/Lead Screening Clinics
- I-Smile Program
- Learning For Life Parenting Program
- Maternal Health Program or Pregnancy Education

### **Home Health Agencies:**

#### **Burgess Home Health and Hospice**

**1600 Diamond St.**

**Onawa, IA 51040**

**Phone: 712-423-2311**

**Website: [www.burgesshc.org/homehealth/homehealth.htm](http://www.burgesshc.org/homehealth/homehealth.htm)**

#### **Heights Home Health**

**114 North 4<sup>th</sup> St., Suite C**

**Mapleton, IA 51034**

**Phone: 712-881-7144**

**Website: [www.pionet.net/~maplhqts/heights/index.htm](http://www.pionet.net/~maplhqts/heights/index.htm)**

### **Nursing Homes:**

#### **Elmwood Care Centre**

**222 N 15<sup>th</sup> St.**

**Onawa, IA 51040**

**Phone: 712-423-2510**

**Website: [www.elmwoodatonawa.com](http://www.elmwoodatonawa.com)**

Elmwood Care Centre is a 100-bed Medicare/Medicaid certified skilled nursing facility. Some of the amenities include an 8-foot bird aviary, full service beauty shop, an enclosed courtyard, two dining rooms and an activity room. Premiere Estates is an attached 24-unit assisted living quarters providing independent living with the security, privacy and the feeling of home. Other services include 24 hour skilled nursing care, respite care, specialized dietary service, wound care management, pain management, IV therapy, physical therapy, occupational therapy, and speech therapy.

**HEALTH: (continued)**  
**Nursing Homes: (continued)**

**Maple Heights Nursing Home**  
**2 Sunrise Ave.**  
**Mapleton, IA 51034**  
**Phone: 712-881-1680**  
**Website: [www.pionet.net/~maplhgts](http://www.pionet.net/~maplhgts)**

Maple Heights is a 72-bed state and federally licensed nursing facility that is Medicare and Medicaid certified. The primary function is to provide a safe place for people who need nursing care to help with daily activities as prescribed by each individual's physicians for short recuperative periods as well as long term.

**Pleasant View Care Center**  
**200 Shannon Dr.**  
**Whiting, IA 51063**  
**Phone: 712-458-2417**

Pleasant View Care Center is a Medicare/Medicaid certified facility and provides the following: Nursing home care, assisted living, senior community and is a Skilled Nursing Facility (SNF). Pleasant View Care Center caters to both short and long-term patient care. "It is primarily engaged in providing skilled nursing care and related services for residents who require medical or nursing care; or rehabilitation services for the rehabilitation of injured, disabled, or sick persons." Please call for more information.

**Optometrists (Eye Care Clinics):**

**Vision Care Clinic, P.C.**  
**412 main St.**  
**Mapleton, IA 51034**  
**Phone: 712-882-2020**

**Vision Care Clinic, P.C.**  
**721 10<sup>th</sup> St.**  
**Onawa, IA 51040**  
**Phone: 712-423-2737**

**Pharmacies:**

**Maier Family Pharmacy**  
**411 Main St.**  
**Mapleton, IA 51034**  
**Phone: 712-881-1033**

**Stangel Pharmacy**  
**821 Iowa Ave.**  
**Onawa, IA 51040**  
**Phone: 712-423-1131**

**HEALTH: (continued)**

**Pharmacies: (continued)**

**Whiting Family Pharmacy  
723 Whittier St.  
Whiting, IA 51063  
Phone: 712-458-2500**

**Physicians:**

**Burgess Family Clinic – Mapleton  
111 S 5<sup>th</sup> St.  
Mapleton, IA 51034  
Phone: 712-882-2234**

General practice doctors of osteopathy: Alan Schenne, D.O. and Jennifer Schenne, D.O., Nelinda Rhode, ARNP, DeRae Schroeder, DNP, ARNP, Jamie Brummond, ARNP

**Family Medicine Clinic, P.C.  
1614 Diamond St. Pl.  
Onawa, IA 51040  
Phone: 712-423-1525**

General practice physicians: Paul Dudley, M.D., Tracy Kahl, D.O., Shannon Kennedy, M.D., Brandon Kovar, M.D., Allison Kovar (Stangel), M.D., Rhonda Miller, PA-C, Katie Moore, ARNP, Gail Moser, PA-C, Kevin Kollbaum, PA-C, Jennifer Stodden, PA-C,

**John L. Garred, Jr. & Sr.  
153 Blair  
Whiting, IA 51063  
Phone: 712-455-2431**

General surgeons: J. L. Garred, Jr. & Sr.

**Horn Physician's Clinic – Mapleton  
412 Main St.  
Mapleton, IA 51034  
Phone: 712-881-4676**

General practice doctor of osteopathy: Curtis Hesse, D.O. and Jackie Crampton, ARNP

## **HEALTH: (continued)**

### **Poison Control Center:**

**401 Douglas St.**

**Sioux City, IA 51101**

**Phone: National Emergency Hotline: 800-222-1222**

**Phone: During Business Hours: Administration: 712-279-3710**

**Website: <http://www.iowapoison.org/about-us/>**

The Iowa Poison Control Center (IPCC) provides free 24-hour immediate treatment advice for poison emergencies through a national toll-free telephone hotline, 1-800-222-1222. We also provide information about poisons and poison prevention. The IPCC can help you with questions about household products, drugs (prescription, over-the-counter, herbal, illegal, or animal medicines), chemicals at work or in the environment, snake bites, spider bites, and plant and mushroom poisonings. Services are available for the hearing impaired and non-English speaking. The IPCC is the official poison control center for the State of Iowa and is one of 55 nationally accredited poison centers in the nation.

## **MENTAL HEALTH:**

### **Burgess Mental Health**

**1600 Diamond St.**

**Onawa, IA 51040**

**Phone: 712-423-9160**

**Website: [www.burgesshc.org/services/mental.htm](http://www.burgesshc.org/services/mental.htm)**

Provides therapy and counseling to individuals, families, and groups. Psychiatric evaluation and medication monitoring are also provided. See website for more details.