

Monona County Community Directory



This Community Assistance Directory is intended to provide you with as many community linkages as possible in Monona County. If you need help, our hope is that you will find it here. We ask that all agencies represented in this directory please report any errors or updates by e-mailing us at mcphns@longlines.com or call Monona County Public Health at 712-433-1773.

Both an abbreviated version (23 pages) and the complete directory with descriptions (83 pages) are also available at www.mononacountypublichealth.org. Just click on the Community Directory link on the left hand side of the home page to find either the complete version or the abbreviated version.

(Compiled by the Monona County Public Health staff with input from many community partners)

Last updated 07/03/14

Monona County Community Directory



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Abuse/Neglect & Substance Abuse:

Abuse & Neglect Hotline
Department of Human Services
5th Floor Hoover Bldg.
Des Moines, IA.
Phone: 800-362-2178

Individuals can report suspected child abuse or dependent adult abuse to this number. Calls are taken on a 24-hour basis.

Family Crisis Centers of Northwest Iowa
Phone: Crisis Hotline: 1-800-382-5603
Office Phone: 1-712-263-3765
Website: <http://www.familycrisiscenters.org/>

Serving victims of domestic violence and sexual assault in Calhoun, Carroll, Crawford, Monona, Lyon, O'Brien, Osceola, and Sioux Counties. Offering **FREE AND CONFIDENTIAL** services for children and adults including:

- **Shelter and Transitional Housing** – safe haven for victims of domestic violence and sexual assault and their children. The newly-constructed shelter has a bed-and-breakfast home-like environment. Food and personal items are provided for our shelter guests.
- **Information and Referrals** – to various agencies to meet current needs.
- **Legal and Personal Advocacy** – to assist individuals or on behalf of individuals as they seek additional services. Types of advocacy include legal, medical and personal.
- **Support Groups** – to help individuals break the cycle of violence in their lives through peer support.
- **24-Hour Crisis Hotline** – is a 24-hour telephone service providing support, crisis intervention, general information, and referrals to various agencies: **1-800-382-5603**
- **Crisis Counseling** – to provide support and to assist individuals in identifying needs and options.

Abuse/Neglect & Substance Abuse: (continued)

Iowa Gambling Treatment Program (See Jackson Recovery Centers)

Iowa Department of Public Health

321 E. 12th Street

Des Moines, Iowa, 50319-0075

Phone: 1-800-BETS-OFF or 1-800-238-7633

The Office of Problem Gambling Treatment and Prevention works to reduce the harm caused by problem gambling by funding a range of services for Iowans. These services include: outpatient counseling for problem gamblers, concerned persons and family, housing services for problem gamblers in treatment and with no other housing options, financial counseling including budgeting and debt reduction plans and a state-wide help line that provides information and referral services. In addition, the program funds prevention and education services for schools, community groups, casino employees, and other at-risk groups. **(Jackson Recovery Centers provide this service to Monona County residents)**

Jackson Recovery Center

1011 10th St.

Onawa, IA 51040

Phone: 712-423-9098

(Call Denison to make an appointment for the Onawa site for adult/adolescent outpatient services): 712-263-5065

Website: <http://jacksonrecovery.com>

or

Jackson Recovery Center

800 5th St. Suite 200

Sioux City, IA. 51101

Phone: 800-472-9018

Jackson Recovery Center is dedicated to meeting the addiction-related needs of Siouxland. They provide prevention and educational services as well as outpatient and inpatient addiction treatment to adults, adolescents and families. Some of the services they provide include: Adolescent inpatient services, Women's and Men's inpatient services, Adult and Adolescent outpatient services, Specialty services including children's services, behavioral addictions, eating disorders, medication-assisted treatment, gambling problems, OWI/DUI classes, and other education/prevention classes and counseling. See website for more detailed information and services.

Jackson Recovery Centers

Holly Keegan

SPF SIG Coordinator

800 5th St.

Sioux City, IA. 51101

Phone: 712-205-5585

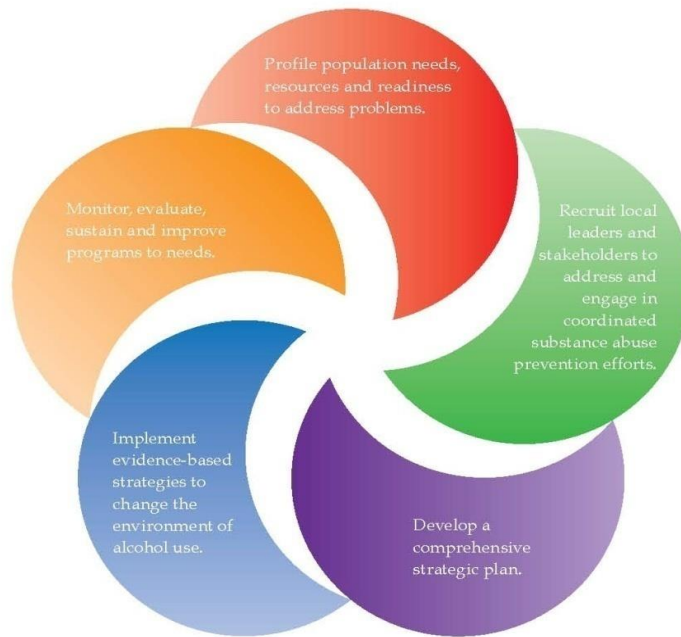
Holly Keegan of Jackson Recovery Center is the Coordinator for the Strategic Prevention Framework (of Iowa) State Incentive Grant (SPF SIG) for Monona County. "SPF is a five-step planning process known to support positive youth development, reduce risk-taking behaviors, build on assets and prevent problem behaviors." Its goals are to (1) Reduce underage alcohol use for those under age 21 and (2) Reduce adult binge drinking for those 18 and over. This is a five-year grant funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and Center for Substance Abuse Prevention (CSAP).

Strategic Prevention Framework of Iowa

What is SPF?

The Strategic Prevention Framework (SPF) is a five-step planning process known to support positive youth development, reduce risk-taking behaviors, build on assets and prevent problem behaviors. The SPF State Incentive Grant (SPF SIG) is a five year grant funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP). The SPF SIG funds 23 Iowa counties to meet the following goals:

- Reduce underage alcohol use (under age 21)
- Reduce adult binge drinking (18 and over)



Iowa's SPF Services

Conducting statewide assessments using existing alcohol, tobacco and other drugs data.

Developing a comprehensive Strategic Plan to assist Iowa counties.

Mobilizing and building state/local collaborations to address identified needs.

Implementing an evidence-based prevention strategies

Monitoring and evaluating the effectiveness of the Strategic Plan, sustaining effective prevention strategies and improving or replacing those that were not as successful.

Iowa's drinking problem

Alcohol is the substance most frequently used by adults and youth in Iowa.

52.6% of Iowans age 12 or older have used alcohol during the past month.

27.5% of Iowans age 12 or older have binged on alcohol during the past month, which is higher than the national average of 23.1%.

Iowa's binge drinking rate for those age 18-25 is 51%.

Nearly three in five 18-24 year old Iowans who reported drinking engaged in binge drinking.

CONTACT

Holly Keegan
SPF SIG Coordinator Monona
800 5th Street
Sioux City, IA 51101
(712) 204-5585
hkeegan@jacksonrecovery.com

FUNDING ADMINISTERED BY



[SEE SUPPORT GROUPS](#) for Alcoholics Anonymous, Jackson Recovery Center for alcohol, drug, and gambling problems as well as Siouxland Area Narcotics Anonymous, etc.

Abuse/Neglect & Substance Abuse: (Continued)

Quitline Iowa

Des Moines, IA

Phone: 800-784-8669 (1-800-QUIT-NOW)

Website: <https://www.quitnow.net/iowa/>

“We understand quitting is about more than just not smoking. When you join our program, a Quit Coach® will help you become an expert in living without tobacco using "The 4 Essential Practices to Quit For Life," based on 25 years of research and experience helping people quit tobacco. Quitting tobacco is the best thing you can do for your health, but we'll never pressure you to quit before you're ready.”

Monona County Community Directory



Advocacy Service & Legal Assistance:

Family Crisis Centers of Northwest Iowa

Phone: Crisis Hotline: 1-800-382-5603

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Website: <http://www.familycrisiscenters.org/>

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Iowa Concern

2020 DMACC Blvd.

Ankeny, IA. 50021

Toll Free: 1-800-447-1985

Teen Line: 1-800-443-8336

Website: <http://www.extension.iastate.edu/iowaconcern/>

Iowa Concern is a program of the Iowa State University Extension service. The toll-free number serves urban as well as rural Iowa. By calling Iowa Concern one has access to an attorney for legal education, stress counselors, and information and referral services for a wide variety of topics. All Iowa Concern services are available 24 hours a day 7 days per week at no charge.

Advocacy Service & Legal Assistance: (Continued)

Iowa Legal Aid

1111 9th Street, Suite 230

Des Moines, IA 50314

Phone: 1-800-532-1275

Website: <http://www.iowalegalaid.org>

“Free legal help and information on civil law problems for eligible Iowans in every county of the state. Toll-free telephone lines and online assistance make it easy for clients to get help. To apply for help from Iowa Legal Aid, call 1-800-532-1275 Monday-Friday from 9 to 11 am or from 1:30 to 3:30 pm. ***Se habla español.*** Offices are open 8:30 to 4:30 (emergencies taken when open).”

Monona County Community Directory



Animal Services:

Mapleton Veterinary Clinics
38505 Hwy 175 N
Mapleton, IA 51034
Phone: 712-881-1254

Accept large and small animals. Boarding and grooming by appointment. Complete line of Vet supplies.

Siouxland Humane Society
1015 Tri-View Ave.
Sioux City, IA. 51103
Phone: 712-252-2614
Website: <http://siouxlandhumanesociety.org>

“Since 1889, the mission of the Siouxland Humane Society has been to provide services and programs that promote the humane treatment of animals in the Siouxland area. It is a unique mission since our organization is the only private, non-profit agency in Siouxland dedicated to animal welfare.”

Monona County Community Directory



Child Care & Early Childhood:

1st Five

**HCCMS (Harrison, Crawford, Cass, Monona, Shelby) Family Health Services
105 N Main
Denison, IA 51442
Phone: 712-263-3303**

1st Five is a public-private partnership bridging primary care and public health services in Iowa for children and their families from birth to age five. The 1st Five model supports health providers in the early detection of social-emotional and developmental delays and family risk-related factors in children from birth to five and coordinates referrals, interventions and follow-up.

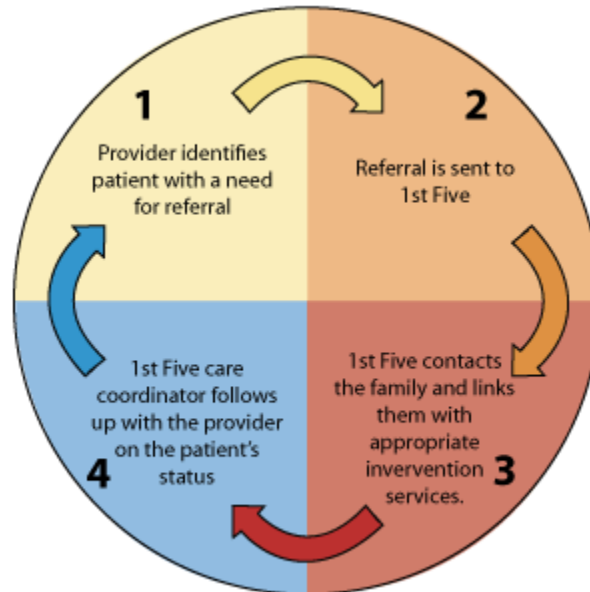
- 1) The primary care provider performs standardized surveillance for social/emotional development, family stress and parental depression.
- 2) When a medical provider discovers a concern, the provider makes a referral to a 1st Five coordinator (HCCMS in Crawford County at 712-263-3303)
- 3) Shortly after receiving the referral, the coordinator contacts the family to discuss available resources that will meet the family's needs. Often other issues come to light during these discussions and additional referrals are made. For every one medical provider referral to 1st Five, 2-3 additional referrals are identified when the care coordinator contacts the family. The coordinator works extensively with families to assure follow-up and access to services.
- 4) The care coordinator then provides feedback to the referring provider on the status of the referral. Overall improved patient care results from this comprehensive, family-centered approach.

For more information: <http://www.idph.state.ia.us/1stfive/default.asp>

Child Care & Early Childhood: (continued)

1st Five (Continued)

HCCMS (Harrison, Crawford, Cass, Monona, Shelby) Family Health Services
105 N Main
Denison, IA 51442
Phone: 712-263-3303



(AEA) Area Education Agency

Northwest Area Education Agency

801 10th St.

Onawa, IA 51040

Phone: 712-433-2071

Website: <http://www.nwaea.k12.ia.us>

The goal of Northwest AEA is to “provide exemplary leadership and educational services to all children, families and communities in Northwest AEA. Northwest AEA provides visionary leadership and quality, student-centered services through relationships with families, schools and communities. Various specialties that make up our Early Childhood teams include: speech-language pathology, occupational therapy, physical therapy, consultation, hearing, social work and vision.” Northwest AEA serves 10 counties in northwest Iowa including Cherokee, Crawford, Ida, Lyon, Monona, O’Brien, Osceola, Plymouth, Sioux and Woodbury.

Child Care & Early Childhood: (continued)

(AEA) Area Education Agency (continued)

Northwest Area Education Agency (continued)

AEA EARLY ACCESS: (BIRTH TO AGE 3)

Early Access is a partnership between families with young children, birth to age three, and providers from the Departments of Education, Public Health, Human Services, and the Child Health Specialty Clinics. The purpose of this program is for families and staff to work together in identifying, coordinating and providing needed services and resources that will help the family assist their infant or toddler to grow and develop.

AEA EARLY ACCESS SERVICES:

The family and providers work together to identify and address specific family concerns and priorities as they relate to the child's overall growth and development. In addition, broader family needs and concerns can be addressed by locating other supportive/resource services in the local community for the family and/or child. All services to the child are provided in the child's natural environment including the home and other community settings where children of the same age without disabilities participate.

AEA EARLY ACCESS SERVICES REQUIRED TO BE PROVIDED TO CHILDREN AND FAMILIES INCLUDE:

- Service Coordination
- Screenings, evaluation and assessments
- "Individualized Family Service Plan" (IFSP)
- Assistive Technology
- Audiology
- Family Training/Counseling
- Health Services
- Medical evaluations to determine eligibility
- Nursing
- Nutrition
- Occupational Therapy
- Physical Therapy
- Psychology
- Social Work
- Special Instruction
- Speech Language Therapy
- Vision
- Transportation

AEA EARLY ACCESS AGE REQUIREMENTS AND ELIGIBILITY:

An infant or toddler under the age of three (birth to age three) who:

- Has a condition or disability that is known to have a high probability of later delays if early intervention services were not provided, OR
- Is already experiencing a 25% delay in one or more areas of growth or development.

Child Care & Early Childhood: (continued)
(AEA) Area Education Agency (continued)
Northwest Area Education Agency (continued)

AEA EARLY CHILDHOOD (3-5 YEARS)

Professionals with training and expertise in special education services implement the federal Individuals with Disabilities Education Act, Part B and support the educational needs of young children and families, three to five years of age. Early childhood special education professionals provide training and serve as a resource to early childhood special education teachers in public schools, early childhood providers in community settings such as preschool, child care and Head Start programs to meet the developmental learning needs of young children. Also, families and early childhood providers may request information about appropriate expectations for children's development.

See the **Department of Education Web Link:**

http://www.iowa.gov/educate/index.php?option=com_content&task=view&id=631&Itemid=2139

Northwest AEA EARLY CHILDHOOD (3-5 YEARS) (continued)

Contact:

Cindy Chettinger

Supervisor/Early Childhood Special Education

Phone: 1-800-352-9040 Ext. 6340

cchettinger@nwaea.k12.ia.us

In addition, the Educational Services Early Childhood consultant and the Early Childhood Special Education consultants work collaboratively to provide support to all early childhood centers and programs, both public and private, in the Northwest Area Education Agency. We provide on-going professional development to all preschool providers. Training opportunities include Quality Preschool Program Standards (QPPS), Every Child Reads (ECR), Positive Behavior Support (PBS), Iowa Early Learning Standards (ELS), and curriculum specific to early childhood.

Contact:

Mary Groen

Early Childhood Consultant

Phone: 1-800-352-9040, Est. 6122

mgroen@nwawa.k12.ia.us

Cindy Chettinger

Early Childhood Special Education

Phone: 1-800-352-9040, Ext. 6340

cchettinger@nwawa.k12.ia.us

Child Care & Early Childhood: (continued)

Child Care Resource & Referral:

West Central Community Action Agency

P.O. Box 709

Harlan, IA. 51537

Phone: 1-800-945-9778

Website: <http://swiowachildcare.org>

Helps parents make informed choices about all aspects of care for children: Referrals to child care providers at no cost, information on cost factors, help on how to choose quality child care, information on child care, early childhood education, child development, advocacy and more. Services are individually tailored to specific family needs. Child Care Resource & Referral serves southwest Iowa including Monona County and is funded by the Iowa Department of Human Services. Child Care Resource & referral also works with Early Childhood Iowa (Empowerment) to better serve the residents of southwest Iowa.

Early Education Services: Pre-Kindergarten

Early Childhood Iowa (Formerly Empowerment)

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-9553

Website: <http://www.state.ia.us/earlychildhood/>

“Early Childhood Iowa is a confederation or alliance of stakeholders in Early Care, Health and Education systems that affect children age 0 to 5 in the state of Iowa. Its purpose is to support the development and integration of an Early Care, Health and Education system for Iowa.”

Head Start – West Central Community Action Agency

410 S. 6th St.

Mapleton, IA. 51040

Phone: 712-882-1060 (center) or 1-800-698-5886 (office)

Website: <http://www.westcentralca.org>

The Mapleton site offers Head Start Preschool from 8:00 a.m. – 4:00 p.m. Monday through Friday during the school year only.

Head Start – West Central Community Action Agency

307 10th St.

Onawa, IA. 51040

Phone: 712-423-2409 (center) or 1-800-698-5886 (office)

Website: <http://www.westcentralca.org>

Child Care & Early Childhood: (continued)

Head Start – West Central Community Action Agency (continued)

The Onawa site offers Head Start Preschool from 8:00 a.m. – 2:00 p.m. in one classroom and additional childcare hours in the other classroom: from 6:00 a.m. to 8:00 a.m. and then again from 2:00 p.m. until 6:00 p.m. for families who qualify for child care services.

Head Start is a federal program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.

Head Start programs provide a learning environment that supports children's growth in the following domains:

- language and literacy;
- cognition and general knowledge;
- physical development and health;
- social and emotional development; and
- approaches to learning.

Head Start programs provide comprehensive services to enrolled children and their families, which include health, nutrition, social, and other services determined to be necessary by family needs assessments, in addition to education and cognitive development services. Head Start services are designed to be responsive to each child and family's ethnic, cultural, and linguistic heritage.

Head Start emphasizes the role of parents as their child's first and most important teacher. Head Start programs build relationships with families that support:

- family well-being and positive parent-child relationships;
- families as learners and lifelong educators;
- family engagement in transitions;
- family connections to peers and community; and
- families as advocates and leaders.

Child Care & Early Childhood: (continued)

Iowa State University Extension and Outreach – parenting info

2150 Beardshear Hall

Ames, IA 50010-2046

Phone: 800-262-3804 or call

Monona County Extension Service: 712-423-2175 for more info.

Website: <http://www.extension.iastate.edu/humansciences/just-time-parenting>

Just in Time Parenting is a website that highlights information and strategies identified by researchers as those most crucial to helping children thrive – promoting healthy growth and development, preparing children for school success, reinforcing positive parenting behaviors and affirming healthy interpersonal and family relationships.

For other parenting tips from Iowa State University Extension and Outreach, visit:

<http://www.extension.iastate.edu/homefamily/parenting>

Learning for Life (LFL) Parenting Program

Monona County Public Health

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-1773

Website: http://mononacountypublichealth.org/Learning_for_Life.html

For parents and their children from birth through age 5. This is a free program to help give your child the best start in life and prepares your child/children for a positive school experience. This program helps your child develop physically, emotionally and socially in the comfort of your own home at a time that is convenient for you.

The Learning for Life program is presented to Monona County residents by certified Parents as Teachers (P.A.T.) educators. Our certified public health staff uses the P.A.T. curriculum, which is an internationally recognized program that promotes school readiness. This program is funded by Early Childhood Iowa grant funds.

Important aspects of the Learning for Life (LFL) Program:

- Home visits to help you learn about child development, how your child's brain is developing, talk about concerns, ask questions, and share the joys and frustrations of parenting.
- Developmental screenings to reassure you of your child's progress and to help identify potential problems.
- Parenting groups to help learn from one another and to support one another.
- A resource network that can help parents find services in their community, if needed.

Why join?

- Free early learning program services.
- To learn more about your child's growth and development.
- To turn your child's every day experiences into fun-filled learning opportunities.
- To receive research-based, practical answers to your parenting questions.

Child Care & Early Childhood: (continued)

Learning for Life (LFL) Parenting Program (continued)

Monona County Public Health

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-1773

Website: http://mononacountypublichealth.org/Learning_for_Life.html

Why join? (continued)

- To create an eager learner who is ready for school.
- To learn ways to build a stronger relationship with your child.
- To get a “pat on the back” for the things you are doing well as a parent.

Parent-Child Interaction Therapy (PCIT)

Facilitated by therapists from Burgess Mental Health

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-9160

Website: <http://www.pcit.org/>

Parent-Child Interaction Therapy (PCIT) is an empirically-supported treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. PCIT International was created to promote fidelity in the practice of Parent-Child Interaction Therapy through well-conducted research, training, and continuing education of therapists and trainers. By creating an interface between the scholarly activities of PCIT researchers and the expertise of front-line clinicians, PCIT International promotes healthy family functioning.

The goals of PCIT International are to:

- Foster the growth and expertise of the network of local, regional, national, and international PCIT therapists
- Highlight the research activities and clinical innovations developed by the PCIT community
- Empower parents to make changes that will lead to a nurturing and secure relationship with their children
- Improve the lives of children and families worldwide through the provision of sound, empirically-based assessment and treatment.

Monona County Community Directory



Clothing and/or Consignment Shops

Act II

813 Iowa Ave.

Onawa, IA. 51040

Phone: 712-423-3512

This is a consignment shop that offers used clothes, furniture, dishes, toys, games, and just about anything else you can imagine at a much reduced cost to the public. Act II is owned and managed by Burgess Health Center and is manned by volunteers. All proceeds go to the Burgess Auxiliary.

Back Closet

816 Iowa Ave.

Onawa, IA 51040

Phone: 712-433-4300

Classy Reruns Consignment

205 N. Hickory St.

Smithland, IA 51056

Phone: 712-889-2950

Cosign-It-Sales

208 Courtright St.

Mapleton, IA. 51034

Phone: 712-881-2775

Mapleton Food Bank

315 Main St.

Mapleton, IA. 51034

Phone: 712-881-1032218

Mostly Memories

114 N. 4th St.

Mapleton, IA 51034

Phone: 712-881-3050

Pash Radiator & Flea Markets

710 9th St.

Onawa, IA. 51040

Phone: 712-423-2062

Recycled

309 Main St.

Mapleton, IA 51034

Phone: 712-881-2484

Sister's Consignment

281 Iowa 175

Turin, IA 51040

Phone: 712-353-6449

Valley Craft and Resale

403 Heisler St.

Mapleton, IA. 51034

Phone: 712-881-2302

Monona County Community Directory



Disabilities:

Child Health Specialty Clinics
St. Luke's Regional Medical Center
2720 Stone Park Blvd.
Sioux City, IA. 51104
Phone: 712-279-3411
Website:

<http://www.uihealthcare.com/depts/med/pediatrics/divisions/childhealthspecialty.html>

The Sioux City site is one of 13 Child Health Specialty Clinics that are part of the University of Iowa Children's Hospital. These clinics serve children with special medical needs from birth through age 21 who live in Iowa. Some of these needs may be physical, developmental, behavioral or emotional.

Crossroads of Western Iowa
301 10th St.
Onawa, IA. 51040
Phone: 712-423-1477
Website: <http://www.explorecrossroads.com/>

"Crossroads of Western Iowa serves individuals with developmental disabilities, intellectual disabilities, chronic mental illness and brain injury. Its mission is to empower individuals to actively seek out opportunities for an enhanced quality of life." They have offices in Missouri Valley, IA., Onawa, IA., Council Bluffs, IA, and Sioux City, IA.

Family to Family Iowa
5665 Greendale Road, Suite D
Johnston, IA 50131
Phone: 800-450-8667
Website: www.familytofamiyiowa.org

"Family to Family Iowa is a statewide network of Family Navigators who provide assistance to families of children with special needs (developmental, behavioral, emotional, and physical) at no cost to families." They also help families:

- Navigate the supports and services available for their child with special needs
- Navigate the supports and services for other family members. It's not just about the child with special needs.
- Develop self-advocacy skills through trainings and more

Disabilities: (continued)

Iowa COMPASS

Center for Disabilities and Development

100 Hawkins Dr. Rm. # S295

Iowa City, IA. 52242

Phone: 1-800-779-2001

TTY: 1-877-686-0032

Website: <http://iowacompass.org/index.htm>

Provide information and referrals about disability-related programs and services. This organization provides information about assistive technology that helps individuals with disabilities be more independent. They provide information about potential funding sources for home modifications and assistive technology. They connect buyers and sellers of used assistive technology. Help resolve funding questions and provide legal advocacy services for problems acquiring assistive devices.

Monona County Community Directory



Education:

Burgess Health Center
1600 Diamond St.
Onawa, IA 51040
Phone: 712-423-2311
Website: www.burgesshc.org

Burgess Health Center in Onawa offers frequent face-to-face classes related to wellness including smoking cessation classes, diabetic education and support group as well as Lamaze classes.

GED (General Educational Development) Training
West Monona Community High School
1314 15th St.
Onawa, IA. 51040
Phone: 712-433-1393 (Call Lark Elementary School to register)

Classes are held every Wednesday night during the school year and are held at West Monona Community High School. Call Lark Elementary School to register.

Iowa State University Extension Service
Monona County Extension Service
119 Iowa Ave.
Onawa, IA. 51040
Phone: 712-423-2175
Website: <http://www.extension.iastate.edu/monona/>

The Monona County Extension Service offers many educational workshops regarding child care, parenting, food safety, nutrition and health, consumer decisions, financial management, housing choices, and many other topics. Check out their website for more information.

- **Words on Wellness Newsletter (WOW)**
<http://www.extension.iastate.edu/healthnutrition/nutrition/wellness.htm>
- **Flavors of Northwest Iowa**
<http://blogs.extension.iastate.edu/regionalflavors/2011/03/>

Education: (continued)

**Iowa Workforce Development
Administrative Offices Information:
Iowa Workforce Development
1000 East Grand Avenue
Des Moines, Iowa 50319-0209
Telephone: (515) 281-5387 or (800) JOB-IOWA
For Deaf and Hard Of Hearing, Use Relay 711
[Map to Administrative Offices](#)
Website: <http://www.iowaworkforce.org/>**

“Iowa Workforce Development links job placement and skill development into a system of lifelong learning and opportunity. Through resources and services created for employers, employees, and the unemployed, Iowans can take control of their economic future and the security of their families.”

Libraries in the County:

**Mapleton Public Library/Fisher-Whiting Memorial Library
609 Courtright St.
Mapleton, IA 51034
Phone: 712-881-1312
Website: <http://www.mapleton.lib.ia.us/>**

**Moorhead Public Library
Main St., P.O. Box 33
Moorhead, IA 51558
Website:
<http://iowa.public-libraries.org/library/IA/Moorhead.html>**

**Onawa Public Library
707 Iowa Ave.
Onawa, IA 51040
Phone: 712-423-1733
Website: <http://www.onawa.lib.ia.us/>**

**Soldier Town Hall (Library)
108 Oak St.
Soldier, IA 51572
Phone: 712-884-2266
Website:
<http://library.public-libraries.org/Iowa/Soldier/SoldierPublicLibrary.html>**

Education: (continued)
Libraries in the County: (continued)

Ute Public Library
130 Main St.
Ute, IA 51060
Phone: 712-885-2237
Website: <http://library.public-libraries.org/Iowa/Ute/UtePublicLibrary.html>

Whiting Public Library
407 Whittier St.
Whiting, IA 51063
Phone: 712-455-2612
Website: <http://www.whiting.lib.ia.us/library-information>

The libraries in the County are a great educational resource. Some of them offer lecture-type programs on a variety of issues.

Monona County Public Health
610 Iowa Ave.
Onawa, IA 51040
Phone: 712-433-1773
Website: www.mononacountypublichealth.org

Monona County Public Health has experts in Communicable Disease Control, Childhood and Adult Immunizations, Emergency Preparedness, Childhood Lead Poisoning Prevention education, Maternal Health and Family Planning education, as well as a Parenting home visiting program.

Promise Jobs
Call the local Department of Human Services (DHS) office
204 East 6th St.
P.O. Box 189
Logan, IA. 51546
Phone: 1-800-326-7732

The Promise Jobs program provides job training programs and educational opportunities to Family Investment Program (FIP) participants. DHS contracts with Iowa Workforce Development to deliver the Promise Jobs program. Call DHS for details.

Monona County Community Directory



Employment:

**Iowa Workforce Development
Administrative Offices Information:
Iowa Workforce Development
1000 East Grand Avenue
Des Moines, Iowa 50319-0209
Telephone: (515) 281-5387 or (800) JOB-IOWA
For Deaf and Hard Of Hearing, Use Relay 711
[Map to Administrative Offices](#)
Website: <http://www.iowaworkforce.org/>**

“Iowa Workforce Development links job placement and skill development into a system of lifelong learning and opportunity. Through resources and services created for employers, employees, and the unemployed, Iowans can take control of their economic future and the security of their families.”

**Promise Jobs
Call the local Department of Human Services (DHS) office
204 East 6th St.
P.O. Box 189
Logan, IA. 51546
Phone: 1-800-326-7732**

The Promise Jobs program provides job training programs and educational opportunities to Family Investment Program (FIP) participants. DHS contracts with Iowa Workforce Development to deliver the Promise Jobs program.

Monona County Community Directory



Family and Parenting:

Be There Iowa – Your Guide to Better Parenting

Iowa Attorney General

1305 E. Walnut St.

Des Moines, IA 50319

Phone: 515-281-5164

Website: <http://www.bethere.iowa.gov/>

“The links provided on the site will take you to a variety of parenting websites from all over the country. We hope that you will find information that will help you with the challenges of parenthood.

BeThere.Iowa.Gov is sponsored by the Iowa Attorney General’s Office and the Iowa Department of Human Services, Child Support Recovery Unit.”

Department of Human Services (DHS)

Harrison County DHS (Also serves Monona County)

204 East Sixth St, P.O. Box 189

Logan, IA 51546

Phone: 1-800-326-7732

Statewide Abuse Hotline: 1-800-362-2178

Website: http://dhs.ia.gov/Consumers/Find_Help/County_Offices/monona.html

Offers children and family services, financial support, medical assistance, food stamps, mental health & disability services.

Learning for Life Parenting Program

Monona County Public Health

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-1773

Website: http://mononacountypublichealth.org/Learning_for_Life.html

This is the only parenting home visiting program in the county for parents and their children from birth through age 5. This is a free program to help give your child the best start in life and prepares your child/children for a positive school experience. This program helps your child develop physically, emotionally and socially in the comfort of your own home at a time that is convenient for you.

Family and Parenting: (continued)

Learning for Life Parenting Program (continued)

The Learning for Life program is presented to Monona County residents by certified Parents as Teachers (P.A.T.) educators. Our certified public health staff uses the P.A.T. curriculum, which is an internationally recognized program that promotes school readiness. This program is funded by Early Childhood Iowa grant funds.

Important aspects of the Learning for Life (LFL) Program:

- Home visits to help you learn about child development, how your child's brain is developing, talk about concerns, ask questions, and share the joys and frustrations of parenting.
- Developmental screenings to reassure you of your child's progress and to help identify potential problems.
- Parenting groups to help learn from one another and to support one another.
- A resource network that can help parents find services in their community, if needed.

Why join?

- Free early learning program services.
- To learn more about your child's growth and development.
- To turn your child's every day experiences into fun-filled learning opportunities.
- To receive research-based, practical answers to your parenting questions.
- To create an eager learner who is ready for school.
- To learn ways to build a stronger relationship with your child.
- To get a "pat on the back" for the things you are doing well as a parent.

Monona County Extension Service

119 Iowa Ave.

Onawa, IA. 51040

Phone: 712-423-2175

Website: <http://www.womenshealthiowa.info/parenting.htm>

Provides many educational publications regarding child care, parenting, food safety, nutrition and health, consumer decision, financial management, housing choices and more.

- **Family Storyteller Time** - Family literacy program for parents and children ages 3-6 years to help parents prepare their children to succeed in school, watch their children grow in independence, get a special time with their children and have fun enjoying books with their children. During the six workshops on Thursday evenings at the Onawa Public Library, families will receive a free book each week, will practice parent/child reading techniques, learn about activities that enhance the value of reading, and receive materials for additional activities to do at home.
<http://www.extension.iastate.edu/calendar/ShowEventDetail.asp?programID=171790&sessionID=222688>

Family and Parenting: (continued)

Monona County Extension Service (continued)

- **Strengthening Families Program** – For parents and youth age 10-14. This is a parent, youth and family skills-building program designed to:
 - Prevent teen substance abuse and other behavior problems
 - Strengthen parenting skills
 - Build family strengths

Click the following link for more information or call the Monona County Extension Service at 712-423-2175: <https://www.extension.iastate.edu/sfp/>

Parent-Child Interaction Therapy (PCIT)

Facilitated by therapists from Burgess Mental Health

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-9160

Website: <http://www.pcit.org/>

Parent-Child Interaction Therapy (PCIT) is an empirically-supported treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. PCIT International was created to promote fidelity in the practice of Parent-Child Interaction Therapy through well-conducted research, training, and continuing education of therapists and trainers. By creating an interface between the scholarly activities of PCIT researchers and the expertise of front-line clinicians, PCIT International promotes healthy family functioning.

The goals of PCIT International are to:

- Foster the growth and expertise of the network of local, regional, national, and international PCIT therapists
- Highlight the research activities and clinical innovations developed by the PCIT community
- Empower parents to make changes that will lead to a nurturing and secure relationship with their children
- Improve the lives of children and families worldwide through the provision of sound, empirically-based assessment and treatment.

Financial Assistance & Emergency Relief: (continued)

Low-Income Home Energy Assistance Program (LIHEAP) West Central Community Action (Continued)

The elderly (60 and older) and/or disabled may apply at local Outreach Centers from Oct. 1 to April 30 of each year. All other households may apply Nov. 1 to April 30.

When applying bring along the following items:

***Wage earners**-copies of check stubs for the 3-month period preceding date of application or a copy of your federal income tax return;

***Fixed income**-copies of most recent three months' check stubs from programs such as Social Security Benefit, Supplemental Security Income, Family Investment Program, Veteran's Assistance, Unemployment Insurance, or pensions;

***Self-Employed/Farmers**-a copy of your most recent federal income tax return;

***FIP and SSI recipients**-your Medicaid number is on your Medicaid card. The numbers needed are immediately following your name and number in the aid type box; and

***Alimony or child support**-income will need to be verified.

Social Security Administration

3555 Southern Hills Dr.

Sioux City, IA. 51106

Phone: 1-866-338-2859

TTY: 1-712-274-8986

Website: <http://www.socialsecurity.gov>

Administers social security, retirement and disability, supplemental security income and Medicare enrollments. The office is located in the Lincolnshire Office Park which is west of the Southern Hills Mall. Please call for an appointment to apply for benefits or file online at www.ssa.gov. No appointment is needed for social security cards or to make changes.

Emergency Relief:

American Red Cross

Siouxland Area Chapter

4200 War Eagle Drive

Sioux City, IA 51109

Phone: 712-252-4081

Website: <http://www.siouxlandredcross.org>

A volunteer humanitarian organization that provides relief to victims of disasters. Helps people prevent, prepare for, and respond to emergencies in Monona County.

Financial Assistance & Emergency Relief: (continued)
Emergency Relief: (continued)

Monona County Emergency Management
900 7th St.
Onawa, IA 51040
Contact Person: Randy Ross
Phone: 712-433-1294

Provides relief for victims of natural or manmade disasters in Monona County through coordination with Federal relief agencies such as FEMA. Acts as a local support agency to local emergency services by helping access state and federal government for material and monetary assistance in time of disaster.

Monona County Community Directory



Food/Food Pantries:

Congregate or Home Delivered Meals in Monona County:

Sponsored by Connections Area Agency on Aging

2301 Pierce St.

Sioux City, IA 51104

Phone: 1-800-798-6916

Website: <http://www.connectionsaaa.org/>

Congregate meals are offered at each of the following locations in Monona County to persons aged 60 and over.

- Suggested donation per meal at the meal site is \$2.75 - \$5.50.
- Nutritious, hot meals are offered with the opportunity to socialize with your friends and meet new people.
- **Meals are not prepared or delivered on weekends or holidays.**

Home delivered meals are also supplied at each of the following locations if certain criteria is met:

- You must be 60 years of age or older
- You must be homebound
- A doctor or social worker referral is preferred
- Suggested donation for home delivered meals is \$3.25 - \$5.75 per meal

Good Time Charlie's

620 Whittier St.

Whiting, IA 51063

Phone: 712-455-2225

Contact Person: Darlene Hast

Meals are served each weekday at 11:30 a.m.

Mapleton Community Center

511 Main St.

Mapleton, IA 51034

Phone: 712-881-1032

Meals are served Monday, Wednesday and Friday at noon.

Food/Food Pantries: (continued)

Congregate or Home Delivered Meals in Monona County: (continued)

Sponsored by Connections Area Agency on Aging

**Onawa Senior Center
1017 8th St.
Onawa, IA 51040
Phone: 712-423-3066
Contact Person: Leslie Riner**

Meals are served each weekday at noon. The United Methodist Church of Onawa sponsors free bingo every Tuesday following the noon meal.

**Ute Senior Center
107 Main St.
Ute, IA 51060
Phone: 712-885-2228
Contact Person: Linda Riddle**

Meals are served each weekday at noon.

Food Banks in Monona County:

**Food 4 You – In partnership with Food Bank of Siouxland, Inc.
1716 16th St. (Address to send donations to)
Onawa, IA 51040
Phone: Sheri Joyner, Chairman of the Board: 712-884-2233
Geri Johnson, Treasurer: 712-433-2036**

**The Open Cupboard & Food Bank of Siouxland, Inc.
c/o Valley Bank & Trust (Address to send donations to)
401 Main St.
Mapleton, IA 51034
Phone: Nikki Pierce, President of the Board: 712-881-1448 or
Pastor, Harvey Hanson, Treasurer: 712-353-6317
P.O. Box 64
Castana, IA 51010**

Food 4 You and The Open Cupboard are both outreach distribution organizations of the Siouxland Food Bank, Inc. The goal for both entities is to supply and distribute food to the "food insecure" residents in the area. Food insecure means a lack of access at times to enough food for an active, healthy life for all members of a household and limited or uncertain availability of nutritious food. Based on 2010 statistics, 1300 people in Monona County don't have enough food to eat by the end of each month.

Food/Food Pantries: (continued)
Food Banks in Monona County: (continued)

The six towns included in the **Food 4 You cluster** include: Blencoe, Moorhead, Onawa, Soldier, Turin and Whiting. **Food distribution for the Food 4 You cluster occurs once a month on the 4th Thursday of every month unless it is a holiday from 2:00 – 2:45 p.m.** The location of the food distribution is at the Evangelical Free Church, 2120 Iowa Avenue North, Onawa, IA 51040. Notices are published in the Grapevine, Onawa Democrat and the Onawa Sentinel two weeks prior to the distribution date.

The ten towns included in **The Open Cupboard cluster** include: Castana, Charter Oak, Danbury, Hornick, Mapleton, Oto, Ricketts, Smithland, Ticonic, and Ute. **Food distribution for The Open Cupboard occurs the 3rd Wednesday of every month and are held at the Mapleton Community Center, 513 Main St., Mapleton IA. 51034 at 5:00 p.m.** Notices are published in the local newspapers and church bulletins prior to the distribution date.

Please bring your own bags, boxes, laundry baskets, etc. to put your food into. You will also be asked how many adults and children are in your family and what your family's income level is.

Families are encourage to attend either the Food 4 You **or** The Open Cupboard distribution; not both. Often times it is more convenient for families to go to one or the other based on the location or time.

Food Pantries in Monona County:

Mapleton Food Bank
315 Main St.
Mapleton, IA 51034
Phone: 712-881-1128

Sponsored and staffed by volunteers from the American Legion Auxiliary. This food pantry is funded by private donations as well as donations from the Mapleton business community and members of various churches. Families in the surrounding area may receive a 3-day supply of food once every 3 months. Clothing, etc. is also available at this site free of charge.

West Central Community Action Food Pantry
801 10th St.
Onawa, IA 51040
Phone: 712-423-2603

Website: <http://www.westcentralca.org> Click on Outreach Centers and then on Monona County to find specific information.

Families in the surrounding area may receive a 3-day supply of food once every 3 months.

Food/Food Pantries: (continued)
Food Pantries in Monona County: (continued)

Some Monona County churches may also have food pantries.
Please contact your local church to inquire.

Food Safety/Nutrition:

Iowa State University Extension Service
Monona County Extension Service

119 Iowa Ave.

Onawa, IA. 51040

Phone: 712-423-2175

Website:

<http://www.extension.iastate.edu/foodsafety/consumers/index.cfm?parent=1>

- **Words on Wellness Newsletter (WOW)**
<http://www.extension.iastate.edu/healthnutrition/nutrition/wellness.htm>
- **Flavors of Northwest Iowa**
<http://blogs.extension.iastate.edu/regionalflavors/2011/03/>

Food Stamps:

Contact the local DHS office:

Department of Human Services (DHS)

Harrison County DHS (Also serves Monona County)

204 East Sixth St, P.O. Box 189

Logan, IA 51546

Phone: 1-800-326-7732

Statewide Abuse Hotline: 1-800-362-2178

Website: http://dhs.ia.gov/Consumers/Find_Help/County_Offices/monona.html

Offers children and family services, financial support, medical assistance, **food stamps**, mental health & disability services.

WIC Clinic:

Women, Infant & Children Program (WIC)

West Central Community Action

P.O. Box 709

Harlan, IA 51537 (Administrative office for all of Monona
County)

Phone: 1-800-338-4129 – (call this number to make an appointment)

Website: <http://www.westcentralca.org>

Food/Food Pantries: (continued)

WIC Clinic: (continued)

Women, Infant & Children Program (WIC)

West Central Community Action

801 10th St.

Onawa, IA 51040

Phone: 712-423-2603

Website: <http://www.westcentralca.org>

Monona County WIC clinics are held the 1st Friday of the month (unless it is a holiday). Please call **1-800-338-4129** to make an appointment. Clinics are held at the Onawa Community Center, 320 10th St., Onawa, IA. 51040 by appointment only.

“Women, Infants and Children (WIC) is a supplemental food program for pregnant and postpartum women and their infants and children under age 5. Supplemental foods and nutrition education are provided to almost 3,000 clients at monthly clinics in the nine counties of Cass, Crawford, Fremont, Harrison, Mills, **Monona**, Montgomery, Page, and Shelby. The program evaluates the growth rate of children and joins with other programs to provide effective nutrition and health services to families who are at risk. Participants receive checks for specific foods that are redeemable at over 700 grocery stores and pharmacies across Iowa.”

Monona County Community Directory



Government (City and County):

Blencoe: (For Fire, Police or Rescue Unit calls dial 911)

Blencoe Community Center

413 Main St.

Blencoe, IA 51523

Phone: 712-452-2200

City Office

413 Main St.

Blencoe, IA 51523

Phone: 712-452-2005

Non-emergency police calls

Phone: 712-649-2211

Post Office

501 Main St.

Blencoe, IA 51523

Phone: 712-452-2797

Castana: (For Fire, Police or Rescue Unit calls dial 911)

City Hall

103 Pine St.

Castana, IA 51010

Phone: 712-353-6747

Fire Department – non-emergency calls only

301 Pine St.

Castana, IA 51010

Phone: 712-353-6362

Post Office

100 N 3rd St.

Castana, IA 51010

Phone: 712-353-6306

Government (City and County): (continued)

Mapleton: (For Fire, Police or Rescue Unit calls dial 911)

City Hall

513 Main St.

Mapleton, IA 51034

Phone: 712-881-1352

City Shop

405 Heisler St.

Mapleton, IA 51034

Phone: 712-881-1890

Fire Station – non-emergency calls only

102 S. 2nd St.

Mapleton, IA 51034

Phone: 712-881-2315

Light Plant

103 S Front St.

Mapleton, IA 51034

Phone: 712-881-1411

Maintenance Shop (County)

Phone: 712-881-2261

Mapleton Public Library

609 Courtright St.

Mapleton, IA 51034

Phone: 712-881-1312

Mayor

513 Main St.

Mapleton, IA 51034

Phone: 712-881-1351

Post Office

106 S 5th St.

Mapleton, IA 51034

Phone: 712-882-2545

Government (City and County): (continued)

Moorhead: (For Fire, Police or Rescue Unit calls dial 911)

City Office

100 Oak St.

Moorhead, IA 51558

Phone: 712-886-5211

Fire Station – non-emergency phone calls only

110 Oak St.

Moorhead, IA 51558

Phone: 712-886-5511

Post Office

116 Oak St.

Moorhead, IA 51558

Phone: 712-886-5476

Onawa: (For Fire, Police or Rescue Unit calls dial 911)

City Clerk's Office

914 Diamond St.

Onawa, IA 51040

Phone: 712-433-1181

Community Center

320 10th St.

Onawa, IA 51040

Phone: 712-433-2201

Fire Department – non-emergency calls only

807 Diamond St.

Onawa, IA 51040

Phone: 712-433-1738 or call police station at **712-433-2525**

Maintenance Building (City)

1514 6th St.

Onawa, IA 51040

Phone: 712-433-1236

Monona County Courthouse Offices:

610 Iowa Ave., Onawa, IA:

Assessor

Phone: 712-433-2271

Auditor

Phone: 712-433-2191

Government (City and County): (continued)

Onawa: (continued)

Monona County Courthouse Offices: (continued)

**Auto Department
Phone: 712-433-2702**

**Board of Supervisors
Phone: 712-433-1585**

**Clerk of Court
Phone: 712-423-2491**

**Conservation
Phone: 433-2400**

**County Attorney
Phone: 712-423-1728**

**Department of Human Services
Phone: 712-433-1921 or
Toll Free: 800-326-7732
Website:**

http://www.dhs.state.ia.us/Consumers/Find_Help/County_Offices/Monona.html

**Drainage
Phone: 712-433-2630**

**Emergency Management
Phone: 712-433-1294**

**Engineer
Phone: 712-433-2284**

**Environmental Health & Zoning
Phone: 712-433-3400**

Website: http://mononacountypublichealth.org/Environmental_Health.html

or

http://mononacountypublichealth.org/Permit_Applications.html

**Maintenance Shops:
Mapleton – North E
Phone: 712-881-2261**

**Maintenance Shops: (continued)
Onawa – West Dist.
Phone: 712-433-2635**

**Soldier – South E
Phone: 712-884-2225**

Government (City and County): (continued)

Onawa: (Continued)

Monona County Courthouse Offices: 610 Iowa Ave., Onawa (continued)

Microfilm

Phone: 712-433-2575

Public Health

Phone: 712-433-1773

Website: www.mononacountypublichealth.org

Recorder

Phone: 712-433-2575

Sheriff

Phone: 712-433-2525

Website: <http://www.mononacountysheriff.org>

Treasurer

Phone: 712-433-2347

Veteran Affairs

Phone: 712-433-3710

Monona County Economic Development

418 E Iowa Ave.

Onawa, IA 51040

Phone: 712-433-4493

Website: <http://mcedp.com>

Onawa Public Library

707 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-1733

Police Department

909 7th St.

Onawa, IA 51040

Phone: 423-1379

Post Office

1017 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-2811

Power Plant

1035 8th St.

Onawa, IA 51040

Phone: 712-433-9606

Government (City and County): (continued)

Onawa: (continued)

Sewage Lift Station

6th St. (south end)

Onawa, IA 51040

Phone: 712-433-2674

Superintendent's Office

1514 6th St.

Onawa, IA 51040

Phone: 712-433-1511

Swimming Pool

200 12th St.

Onawa, IA 51040

Phone: 712-433-1597

Water Department

900 8th St.

Onawa, IA 51040

Phone: 712-433-1231

Rodney: (For Fire, Police or Rescue Unit calls dial 911)

City Hall & Senior Citizen Center

219 Main St.

Rodney, IA 51051

Phone: 712-889-2210

Non-emergency Fire & Rescue calls only

Toll Free: 800-252-4606

Soldier: (For Fire, Police or Rescue Unit calls dial 911)

Fire Department – non-emergency calls only

237 1st St.

Soldier, IA 51517

Phone: 712-884-2200

Post Office

200 Elm St.

Soldier, IA 51572

Phone: 712-884-2285

Town Hall (Library)

Phone: 712-884-2266

Government (City and County): (continued)

Turin: (For Fire, Police or Rescue Unit calls dial 911)

City Hall

115 Wolfe St.
Turin, IA 51040

Phone: 712-353-6536

Non-emergency Toll Free Fire & Rescue only

Phone: 800-352-4606

Ute: (For Fire, Police or Rescue Unit calls dial 911)

Ambulance Service – non-emergency only

Phone: 712-885-2571

City Hall

Phone: 712-885-2237

Fire Department – non-emergency only

Phone: 712-885-2237

Post Office

300 S. Monona
Ute, IA 51060

Phone: 712-885-2287

Public Library

Phone: 712-885-2237

Ute Community Building

Phone: 712-885-2621

Ute Senior Citizens

107 E Main St.
Ute, IA 51060

Phone: 712-885-2228

Whiting: (For Fire, Police or Rescue Unit calls dial 911)

Clerk's Office

605 Whittier St.
Whiting, IA 51063

Phone: 712-455-2414

Fire Department – non-emergency calls only

513 Whittier
Whiting, IA 51063

Phone: 712-455-2248

Government (City and County): (continued)

Whiting: (continued)

Whiting Public Library

407 Whittier St.

Onawa, IA 51063

Phone: 712-455-2612

Monona County Community Directory



HEALTH:

Burgess Health Center (Hospital)
1600 Diamond St.
Onawa, IA 51040
Phone: 712-423-2311
Website: www.burgesshc.org

Burgess Health Center is the only hospital in Monona County. This beautiful facility has 31 private rooms which include medical/surgical and special care rooms as well as birthing suites and outpatient observation rooms. Many specialty outpatient clinics are also available at the hospital. See their website for a list of clinics. The emergency room is staffed 24 hours a day for any medical emergency situation.

Services offered at Burgess Health Center include:

- Cancer Care and Infusion Center
- Cardiac Rehab
- Community Education
- Diabetes Education
- Emergency Services
- Home Health and Hospice
- Inpatient care
- Laboratory
- Medical Alert system
- Mental Health.....712-423-9160
- Obstetrics – Family beginnings
- Pulmonary Rehab
- Physical, Occupational and Speech Therapy
- Radiology
- Real Weigh
- Specialists

Specialty Clinics that require a referral from your family physician:

- 1) Audiology (hearing)
- 2) Cardiology (heart)
- 3) Dermatology (skin)
- 4) ENT (Ear, Nose and Throat)

HEALTH: (continued)

Burgess Health Center (continued)

Specialty Clinics that require a referral from your family physician:

- 5) Gynecology (female reproductive)
- 6) Nephrology (kidney)
- 7) Neurosurgery (brain)
- 8) Oncology (cancer)
- 9) Ophthalmology (eye)
- 10) Ortho (bones, joints)
- 11) Podiatry (foot)
- 12) Psychiatry (mental health)
- 13) Pulmonary (lung)
- 14) Retinal (eye)
- 15) Rheumatology (arthritis)
- 16) Urology (kidney, bladder)

Dental Clinics:

Family 1st Dental
909 Iowa Ave.
Onawa, IA 51040
Phone: 712-433-3937

Midlands Dental
214 East Erie
Missouri Valley, IA 51555
Phone: 712-642-4136

Patera Family Dentistry
307 Main
Mapleton, IA 51034
Phone: 712-882-1021

Pediatric Dentistry
28 North Main
Denison, IA 51442
Phone: 712-263-2111

Siouxland Community Health Center
1021 Nebraska St.
Sioux City, IA 51105
Phone: 712-252-2477

HEALTH: (continued)

Environmental Health Services:

Monona County Environmental Health

610 Iowa Ave.

Onawa, IA 51040

Phone: 712-433-3400

Website: http://mononacountypublichealth.org/Environmental_Health.html

Environmental Health is a branch of Public Health that is concerned with all aspects of the environment that may affect human health. It is the goals of the Monona County Environmental Health office to protect the environment for future generations of Monona County.

Services offered by Monona County Environmental Health include the following:

- Free water tests on new and existing private wells are done Monday through Wednesday from 8:00 a.m. to 10:00 a.m.
- The County will pay up to \$400 to plug abandoned wells through the Grants to Counties Program
- Any new or existing homes that are not connected to the city sewer system are required to have an onsite wastewater system
- Time of Transfer certified inspector lists are available
- Healthy Homes Initiative
 - ❖ The goal of this initiative is to increase awareness of health and housing issues in Iowa by providing information to the general public. Topics addressed include:
 - Lead Poisoning, Asbestos, Secondhand Smoke, Animal Dander, Asthma Triggers, Radon, Bed Bugs, Mold and Mildew, Multiple Chemical Sensitivity, Roach Infestations, Carbon Monoxide and more.

Family Planning Services:

Monona County Public Health

610 Iowa Ave.

Onawa, IA 51040

Phone: 712-433-1773

Website: http://mononacountypublichealth.org/Family_Planning_Services.html

Women's and Men's Health Care is a basic service essential for the promotion of optimal family health throughout the life cycle. Clinic services include a physical exam, pap smears, counseling, education, pregnancy testing, nutritional information, and family planning supplies for men and women. In addition, sexually transmitted disease screening, education, and treatment are offered. Referrals to other health care services are completed as needed (such as mammography screening). See website for more details.

HEALTH: (continued)

Monona County Public Health

610 Iowa Ave.

Onawa, IA 51040

Phone: 712-433-1773

Website: www.mononacountypublichealth.org

Services include:

- Acute disease prevention and emergency response
- Child Health Program
- Childhood Lead Poisoning Prevention Program
- Emergency Preparedness
- Environmental Health & Zoning including permit application forms
- Family Planning Services/Women's & Men's Health Clinic
- Immunization/Lead Screening Clinics
- I-Smile Program
- Learning For Life Parenting Program
- Maternal Health Program or Pregnancy Education

Home Health Agencies:

Burgess Home Health and Hospice

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-2311

Website: www.burgesshc.org/homehealth/homehealth.htm

Heights Home Health

114 North 4th St., Suite C

Mapleton, IA 51034

Phone: 712-881-7144

Website: www.pionet.net/~maplhqts/heights/index.htm

Nursing Homes:

Elmwood Care Centre

222 N 15th St.

Onawa, IA 51040

Phone: 712-423-2510

Website: www.elmwoodatonawa.com

Elmwood Care Centre is a 100-bed Medicare/Medicaid certified skilled nursing facility. Some of the amenities include an 8-foot bird aviary, full service beauty shop, an enclosed courtyard, two dining rooms and an activity room. Premiere Estates is an attached 24-unit assisted living quarters providing independent living with the security, privacy and the feeling of home. Other services include 24 hour skilled nursing care, respite care, specialized dietary service, wound care management, pain management, IV therapy, physical therapy, occupational therapy, and speech therapy.

HEALTH: (continued)
Nursing Homes: (continued)

Maple Heights Nursing Home
2 Sunrise Ave.
Mapleton, IA 51034
Phone: 712-881-1680
Website: www.pionet.net/~maplhgts

Maple Heights is a 72-bed state and federally licensed nursing facility that is Medicare and Medicaid certified. The primary function is to provide a safe place for people who need nursing care to help with daily activities as prescribed by each individual's physicians for short recuperative periods as well as long term.

Pleasant View Care Center
200 Shannon Dr.
Whiting, IA 51063
Phone: 712-458-2417

Pleasant View Care Center is a Medicare/Medicaid certified facility and provides the following: Nursing home care, assisted living, senior community and is a Skilled Nursing Facility (SNF). Pleasant View Care Center caters to both short and long-term patient care. "It is primarily engaged in providing skilled nursing care and related services for residents who require medical or nursing care; or rehabilitation services for the rehabilitation of injured, disabled, or sick persons." Please call for more information.

Optometrists (Eye Care Clinics):

Vision Care Clinic, P.C.
412 main St.
Mapleton, IA 51034
Phone: 712-882-2020

Vision Care Clinic, P.C.
721 10th St.
Onawa, IA 51040
Phone: 712-423-2737

Pharmacies:

Maier Family Pharmacy
411 Main St.
Mapleton, IA 51034
Phone: 712-881-1033

Stangel Pharmacy
821 Iowa Ave.
Onawa, IA 51040
Phone: 712-423-1131

HEALTH: (continued)

Pharmacies: (continued)

Whiting Family Pharmacy
723 Whittier St.
Whiting, IA 51063
Phone: 712-458-2500

Physicians:

Burgess Family Clinic – Mapleton
111 S 5th St.
Mapleton, IA 51034
Phone: 712-882-2234

General practice doctors of osteopathy: Alan Schenne, D.O. and Jennifer Schenne, D.O., Nelinda Rhode, ARNP, DeRae Schroeder, DNP, ARNP, Jamie Brummond, ARNP

Family Medicine Clinic, P.C.
1614 Diamond St. Pl.
Onawa, IA 51040
Phone: 712-423-1525

General practice physicians: Paul Dudley, M.D., Tracy Kahl, D.O., Shannon Kennedy, M.D., Brandon Kovar, M.D., Allison Kovar (Stangel), M.D., Rhonda Miller, PA-C, Katie Moore, ARNP, Gail Moser, PA-C, Kevin Kollbaum, PA-C, Jennifer Stodden, PA-C,

John L. Garred, Jr. & Sr.
153 Blair
Whiting, IA 51063
Phone: 712-455-2431

General surgeons: J. L. Garred, Jr. & Sr.

Horn Physician's Clinic – Mapleton
412 Main St.
Mapleton, IA 51034
Phone: 712-881-4676

General practice doctor of osteopathy: Curtis Hesse, D.O. and Jackie Crampton, ARNP

HEALTH: (continued)

Poison Control Center:

401 Douglas St.

Sioux City, IA 51101

Phone: National Emergency Hotline: 800-222-1222

Phone: During Business Hours: Administration: 712-279-3710

Website: <http://www.iowapoison.org/about-us/>

The Iowa Poison Control Center (IPCC) provides free 24-hour immediate treatment advice for poison emergencies through a national toll-free telephone hotline, 1-800-222-1222. We also provide information about poisons and poison prevention. The IPCC can help you with questions about household products, drugs (prescription, over-the-counter, herbal, illegal, or animal medicines), chemicals at work or in the environment, snake bites, spider bites, and plant and mushroom poisonings. Services are available for the hearing impaired and non-English speaking. The IPCC is the official poison control center for the State of Iowa and is one of 55 nationally accredited poison centers in the nation.

MENTAL HEALTH:

Burgess Mental Health

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-9160

Website: www.burgesshc.org/services/mental.htm

Provides therapy and counseling to individuals, families, and groups. Psychiatric evaluation and medication monitoring are also provided. See website for more details.

Monona County Community Directory



Housing: (Apartments for rent)

Blencoe Community Development Corporation
Contact Person: Ron Cutler
P.O. Box 41
Blencoe, IA 51523
Phone: 712-433-1943
Cell Phone: 712-420-3274

4-unit apartment building - open to the public. (2) units are 2-bedroom apartments and (2) units are 1-bedroom apartments. Flat rate. Water and sewer are included in the rent. Coin operated washer and dryer are available.

Center Heights Apartments
1017 11th St.
Onawa, IA 51040
Phone: 712-423-1736

Must be at least 60 years of age or disabled. Must meet income guidelines. Criminal and background checks are required.

Diamond Heights Apartments
1018 11th St.
Onawa, IA 51040
Phone: 800-798-6916 Ext. 17

Must be 62 years of age or older. Must meet income guidelines. Criminal and background checks required. 5 years of landlord references are also required.

Duplex Inn
Contact: Pleasant View Care Center
220 Lawler Lane (located south behind nursing home)
Whiting, IA 51063
Phone: 712-458-2417

10 units. Open to the public. Flat rate charged. Call for more details.

Housing: (continued)

Fairview Apartments

Contact Person: Health Properties in Sioux City
409 13th St.
Onawa, IA 51040
Phone: 712-252-4304

Income based, non-assisted, independent living. Open to the public. Managed by Health Properties in Sioux City, IA. Call for details.

F&L Apartments

Contact Person: Frank or Luke Terry
509 Whittier St.
Whiting, IA 51063
Phone: 712-431-6798 - Frank
Phone: 712-251-4837 – Luke

6-unit complex. (2) units are 1-bedroom apartments. (4) units are 2-bedroom apartments. Flat rate. Open to the public. Water, sewer and garbage are included in the rent.

Independent Apartments

Contact: Pleasant View Care Center
150 Shannon Dr. (located east before nursing home)
Phone: 712-458-2417

4 units. One unit is a 1-bedroom apartment and three units are 2-bedroom apartments. Open to the public. Flat rate charged. Call for more details.

Main Street Manor

Contact Person: Dana Kirby
420 Whittier St.
Whiting, IA 51063
Phone: 712-455-2267

4 units all of which are 2-bedroom apartments. Flat rate. Open to the public. Water, sewer and garbage are included in the rent.

Main Street Manor

Contact Person: Dana Kirby
424 Whittier St.
Whiting, IA 51063
Phone: 712-455-2267

4 units all of which are 2-bedroom apartments. Flat rate. Open to the public. Water, sewer and garbage are included in the rent.

Housing: (continued)

Maple Crest Apartments/Valley Management
Located west of Maple Heights Nursing Home
Mapleton, IA 51034
Phone: 712-677-9903

Income based, non-assisted, independent living. Open to the public. Privately owned by Valley Management.

Meadow Park Apartments
Owned by Maple Heights Nursing Home
Mapleton, IA 51034
Phone: 712-881-1680

Owned by Maple Heights Nursing Home. Flat fee. Open to the public but mostly elderly residents. Call Maple Heights for details.

Pleasant View Care Center Assisted Living
200 Shannon Dr.
Whiting, IA 51063
Phone: 712-458-2417

Assisted Living Facility that is part of Pleasant View Care Center. Call for more details or to tour the facility.

Premier Estates
190 N. 15th St.
Onawa, IA 51040
Phone: 712-423-2510

Assisted Living Facility. One bedroom, 740 sq. ft. or one bedroom studio, 450 sq. ft. Call Elmwood Care Centre for more details or to tour the facility.

Soldier Valley Homes
Managed by Murphy Management Service
P.O. Box 476
Algona, IA 50511
Phone: 515-295-2927

12-unit low income USDA Rural Development apartments. Must meet income requirements and be 18 years of age or older. Ten of the units are one-bedroom apartments and two units are two-bedroom apartments. Included in the rent are water, sewer and garbage. Tenants are responsible for paying electricity and heat.

Housing: (continued)

Starview Apartments
800 2nd St.
Onawa, IA 51040
Phone: 888-546-6062

Tax credit program. Based on family size. Must meet income requirements. May have a limit of 2 cats, fish or bird for a one-time \$100 pet deposit.

Streeter Duplex
Contact Person: Steve Streeter
220 Maple St.
Whiting, IA 51063
Phone: 712-420-0714

Streeter Duplex
Contact Person: Steve Streeter
224 Maple St.
Whiting, IA 51063
Phone: 712-420-0714

Two duplexes. Both are 2-bedroom duplexes. Flat rate. Open to the public.

Ute Housing Corporation
Contact Person: JoAnne Seufert
P.O. Box 166
Ute, IA 51060
Phone: 712-885-3325

This is a 6 apartment USDA Rural Development low rent complex for the elderly or disabled. Rent is based on income. These are one-bedroom units. Heat, electricity, garbage and sewer are included in the rent. Please call 712-885-3325 for more details.

Monona County Community Directory



Recreation & Entertainment:

Community Centers in Monona County:

Blencoe Community Center
413 Main
Blencoe, IA 51523
Phone: 712-452-2200

Castana Community Center (Legion Building)
Call City Hall for information:
Phone: 712-353-6747

Mapleton Community Center
511 Main St.
Mapleton, IA 51034
Phone: 712-881-1032
Website:

Moorhead Community Center
100 Oak St.
Moorhead, IA 51558
Phone: 712-886-5211

Onawa Community Center
320 10th St.
Onawa, IA 51040
Phone: 712-433-2201
Website: http://www.onawa.com/index.asp?Type=B_BASIC&SEC={C2A1C313-2612-4C70-BD59-9CB6EC3E4B66}

Rodney Community Center
(City Hall & Senior Citizen Center)
219 Main St.
Rodney, IA 51051
Phone: 712-889-2210

Recreation & Entertainment: (continued)

Community Centers in Monona County: (continued)

Soldier Community Building

113 1st St.

Soldier, IA 51572

Phone: 712-884-2214

Ute Community Building

Phone: 712-885-2621

Golf Courses in Monona County:

The Club House

1825 235th St.

Onawa, IA 51040

Phone: 712-433-1712

Willow Vale Golf Club

300 W. Sioux St.

Mapleton, IA 51034

Phone: 712-881-1002

Libraries in Monona County:

Fisher-Whiting Memorial Library

609 Courtright St.

Mapleton, IA 51034

Phone: 712-881-1312

Website: <http://www.mapleton.lib.ia.us/>

Moorhead Public Library

Main St., P.O. Box 33

Moorhead, IA 51558

Website:

<http://iowa.public-libraries.org/library/IA/Moorhead.html>

Onawa Public Library

707 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-1773

Website: <http://www.onawa.lib.ia.us/>

Recreation & Entertainment: (continued)

Libraries in Monona County: (continued)

Soldier Town Hall (Library)

108 Oak St.

Soldier, IA 51572

Phone: 712-884-2266

Website:

<http://library.public-libraries.org/iowa/Soldier/SoldierPublicLibrary.html>

Ute Public Library

130 Main St.

Ute, IA 51060

Phone: 712-885-2237

Website: <http://library.public-libraries.org/iowa/Ute/UtePublicLibrary.html>

Whiting Public Library

407 Whittier St.

Whiting, IA 51063

Phone: 712-455-2612

Website: <http://www.whiting.lib.ia.us/library-information>

Parks/Camping/Wildlife Areas in Monona County:

<http://www.discovermononacounty.com/default.aspx?id=68>

or call the Iowa Department of Natural Resources wildlife biologist at 712-423-2426 for more information.

Badger Lake Wildlife Area – “This site is an old oxbow lake that provides upland and marsh habitats. The 987 acre area is popular for viewing and hunting pheasant and waterfowl.”

Beaver Run – “65 acre wildlife management area located along county road L37. Beaver dams have created a picturesque wetland, bordered on the west by native prairie grasses. This is a haven for pheasants and other wildlife. A long walk from the parking area is required for hunters and visitors.”

Blackbird/Ivy Island – “Visitors will find a variety of upland and marsh loving wildlife species on this 722 acre area. Public access is by river only.”

Blencoe Lake Wildlife Area – “This 70 acre tract offers hunters a variety of marsh and dry timber. Access to this area is by river only.”

Upper Blencoe Bend Wildlife Area – “Both marsh and timber habitats exist on this 94 acre site. Visitors will find waterfowl, pheasant and deer. Access is by river only.”

Recreation & Entertainment: (continued)

Parks/Camping/Wildlife Areas in Monona County: (continued)

Blue Lake Wildlife Area – “Located adjacent to and west of Lewis & Clark State Park, this 865 Acre area is a very popular “drive through” wildlife viewing site in the evenings. Hunting is allowed in the wildlife area, but is prohibited on state park land.”

Davis Wetland – “This marsh lies in the Little Sioux River floodplain just below the loess hills one mile north of Turing on Larpenteur Road. The 54 acre property was planted with native grasses and woody plants to attract wildlife.”

Decatur Bend Access Area – “3 miles west and 1 mile south of Onawa. 5 acre park. This area is popular for fishing, canoeing and primitive camping. Potable water and vault toilets are the only facilities provided. Camping fees are charged.”

Middle Decatur Bend Wildlife Area – “Good deer, pheasant, woodcock and waterfowl hunting is available on this 338 acre area.”

Upper Decatur Bend Wildlife Area – “This area contains 534 acres of marsh and timber. Visitors will find waterfowl, pheasant, deer and rabbit.”

Gray’s Landing – “This 43 acre wildlife management area was once a gravel operation. Located 5 miles south of Mapleton on Hwy 175, the area lies along the Maple River and contains a shallow six-acre excavation pond, which attracts local fishermen. Upland hunting and fishing are popular, with access to the Maple River for boaters and river walkers soon to be available.”

Huff-Warner Access Area – “This 6 acre park is located 2 miles west of Blencoe on the Missouri River. This park is a popular camping spot with a boat ramp into the Missouri River, open shelter house, vault toilets and potable water. Electricity is available at the shelter house and to campers. Camping fees are charged.”

Lewis and Clark State Park – “This 176 acre park is situated on a 250 acre “Blue Lake”. The park offers hiking trails, swim beach, enclosed lodge and a historical display of the keelboat and other equipment used by the Lewis & Clark party. There are 81 electrical camping sites for visitors. The auto trail through the park and adjoining wildlife management area is a popular evening activity to view the abundant wildlife.”

712-423-2829

Loess Hills Pioneer State Forest – “The Loess Hills Pioneer Forest is the newest forest in the State of Iowa. Located in both Monona and Harrison counties, the four separate tracts will eventually contain 17,000 acres. The land is purchased with REAP funds from willing sellers only. Use of REAP funds insures that the State will pay the property and school taxes on this land. Once purchased, the public can use the property for hunting, fishing, camping, nature studies and sight-seeing from the many

Recreation & Entertainment: (continued)

Parks/Camping/Wildlife Areas in Monona County: (continued)

Loess Hills Pioneer State Forest (continued)

vistas within the forest. Nature enthusiasts can search the forest hills for wildlife species found only in the Loess Hills. These species include plains pocket mouse, southern bog lemming and great plains skink. Some of the common species often seen include turkey, fox, coyote, pheasant, quail, and deer. The forest also contains a lake which has been restocked with bluegill, bass and catfish. For more information call the area forester at 712-456-2915.”

Loess Hills Scenic Byway – “The Loess Hills are a unique geological formation created by wind and water between 14,000 and 24,000 years ago. This narrow band of hills extends from Plymouth County south along Iowa’s western border and into the state of Missouri. A scenic byway has been developed to allow visitors to enjoy the beautiful sites of the Loess Hills at their leisure. Signs displaying the symbol below guide visitors along the route.



Loess Hills Wildlife Area – “This 3,896 acre property contains some of the best Loess Hills formations and prairie stands found in Iowa. Hiking is allowed throughout the area but trails are limited. Upland timber and prairie habitat provide good populations of deer, quail, squirrel, pheasant and turkey.”

Louisville Bend Wildlife Area – “This 904 acre site has a reputation for good hunting and wildlife viewing.”

Monona County Arboretum – “This is the site of the Conservation Center and the headquarters for the Monona County Conservation Board. The 100 acre area is located at the east edge of Onawa and is the location for many of the environmental education programs offered by the Board. The Arboretum displays over 300 trees and shrubs representing 75 individual species. Many displays have been marked and the area is open to the public. Group tours are available by request.” **712-433-2400**

Oldham Recreation Area – “This 13 acre park is located on a 12 acre lake, 1 ½ miles northwest of Soldier. A boat ramp, swimming beach with a diving raft, along with some of the best fishing in the County makes this park very popular. Electricity is available to picnickers and campers. Camping fees are charged.”

Recreation & Entertainment: (continued)

Parks/Camping/Wildlife Areas in Monona County: (continued)

Onawa Materials Yard – “Situated on an old Oxbow lake, 5 ½ miles west of Onawa. This site was once used by the Corps as a material storage area for work done along the Missouri River. The 3 acre site is now used for primitive camping and for waterfowl viewing during the spring and fall migration. Camping fees are charged.”

Plum Thicket – “Situated just west of the overpass between Onawa and Blencoe on Interstate 29 is a four acre wildlife management site that was abandoned road right of way. The area has been enhanced with wildlife plantings.”

Prairie Trail – “This linear park is an abandoned railroad right of way that has been smoothed and planted to native short grasses and wildflowers. The two mile trail begins on the west side of the Maple River and follows Hwy 183.”

Preparation Canyon State Park – “Located at the north edge of the Loess Hills Pioneer State Forest, this 344 acre park offers excellent examples of Loess Hills Prairie and forest. Eight hike-in camp sites are available for campers. Steeped in local history and nestled in the Loess Hills this area is well worth a visit.” **(The park ranger at Lewis & Clark State Park is also responsible for Preparation Canyon. Call 712-423-2829 for more information).**

Rodney Pits Recreation Area – “This complex is actually three separate abandoned gravel pits that are being developed into a recreation and fishing area. Located two miles east of Rodney, the combined 42 acres of water provide good fishing for bass, bluegill, crappie and catfish. Future facilities will include camping pads with electricity, vault toilets, an open shelter house and drinking water. Camping fees are charged.”

Savery Pond – “Located approximately 4 miles southeast of Moorhead, this 25 acre park includes a 15 acre pond with 10 acres of land. Good populations of white crappie, bass, bluegill, carp and catfish are available to area anglers. A boat ramp is available, with other improvements planned for the future. Camping fees are charged.”

Schoenjahn Wildlife Preserve – “The preserve is a greenbelt along the Maple River, just south of Mapleton, adjacent to Hwy 175. The 113 acre area was donated for wildlife management. Hunting is prohibited and there are no facilities for the public.”

Whiting Woods – “This 80 acre tract of dense native timber is located 4 miles southwest of Mapleton. Approximately 10 acres have been developed for picnicking, hiking and nature studies. An open shelter house, drinking water and vault type toilet facilities are available. A 10:30 p.m. curfew is enforced for all visitors.”

Recreation & Entertainment: (continued)

Recreational Opportunities by Town:

Blencoe:

1. City park with ball diamond and swings
2. Sidewalk around 4-plex apartments

Castana:

1. City park
2. Timber Ridge
3. Whiting Woods – camping, fishing, hiking trails

Mapleton:

1. 4-H, FFA, Boy & Girl Scouts, Boys & Girls Club coming soon
2. 4th of July parade
3. County and State parks in area for camping, fishing, hiking, biking boating
4. Golf course
5. Maple Valley High School weight room gym with basketball courts: \$10/yr.
6. Municipal Swimming Pool with swimming lessons offered
7. Playgrounds with equipment
8. Sidewalks and paved streets used for walking and bicycling
9. Slow pitch softball leagues
10. Youth baseball, softball, soccer, football leagues with fees per child

Moorhead:

1. 4-H
2. AA meetings-Lutheran Church basement, Monday at 8 p.m.
3. Church woman's organization
4. Churches sponsor Vacation Bible School each year
5. City park with playground equipment and a basketball court. Use of this is free.
6. Coffee groups at the restaurant and gas station/convenience store
7. Loess Hills Association quilting group
8. Loess Hills Look-Out with a hiking path available at no cost
9. Moorhead Fun Days
10. Moorhead Public Library – open 1-4 p.m. on Saturday
11. Preparation State Park in Loess Hills offers camping, hiking, etc. and is also free.
12. Sidewalks and streets for walking and riding bikes

Onawa:

1. 4-H programs
2. Adult slow pitch softball leagues
3. Big Blue Run sponsored by Burgess Health Center

Recreation & Entertainment: (continued)

Recreational Opportunities by Town:

Onawa (continued)

4. Boy & Girl Scouts organizations for youth
5. Chamber gold outing each August
6. Church activities including Vacation Bible School
7. City parks with playground equipment, some walking trails, tennis courts and one with a skate park. No cost. Have a summer recreational program at Gaukel Park.
8. Exercise games for kids at the Onawa Public Library
9. Fitness Center at the Onawa Community Center. Exercise games for kids
10. Iowa Theater – the only movie theater in Monona County
11. Golf course at Onawa Country Club with golf leagues.
12. Indoor hospital walking trail at Burgess Health Center
13. Lewis & Clark Festival in June each year
14. Lewis & Clark State Park – walking, hiking, biking trails, fishing, boating, swimming. Large camp grounds with electricity and primitive site, small fees.
15. Local church camp located on east side of Blue Lake
16. Numerous campsite and recreational sites maintained by Monona County Conservation, State and private areas. Some have swimming and fishing, hiking trails, overnight camping at \$10-\$15 per day.
17. Onabike – organized annual bike ride draws bicycling enthusiasts from around the area on 4th Saturday of August each year
18. Onawa Municipal Swimming Pool in season with lessons for all ages. There is a fee for lessons and pool entrance.
19. Open gym on Sundays at West Monona High School with weight room, volleyball, basketball courts and also outside basketball hoops in parking lot
20. Taekwondo for kids at the Onawa Community Center
21. Yoga classes at the Onawa Public Library
22. Youth baseball, softball, soccer and football leagues at approximately \$50/child.
23. Youth dance studio

Rodney:

1. City Hall/Senior Citizen's Center

Soldier:

1. Community library doubles as the city office
2. Soldier Community Center is used for recreational gatherings

Turin:

1. Playground and picnic area at no cost

Recreation & Entertainment: (continued)

Recreational Opportunities by Town:

Ute:

1. Playgrounds; (1) in park and (1) on school grounds
2. School gym with basketball court
3. Senior meal site for socialization
4. Summer baseball and softball leagues for youth
5. Tennis court available (but not used)
6. Ute Days Celebration annually

Whiting:

1. 4th of July parade annually
2. Biking around town
3. Camping available close to town
4. Elder programs and activities offered at Pleasant View Nursing Home, Assisted Living and Independent Living
5. Park with playground equipment- free to the public
6. Recreation center at church
7. Sidewalks for walking – no walking trails presently
8. Summer sports programs including slow pitch softball for adults, youth baseball, softball, soccer leagues with fees per child
9. Swimming lessons are offered for a fee at the Onawa Municipal Swimming Pool and interested students are bused to Onawa.
10. Whiting Public Library offers preschool story hour throughout the year. A summer reading program is also offered during July annually for free.

Swimming Pools in Monona County:

Mapleton Pool
609 Sioux St.
Mapleton, IA 51034
Phone: 7612-881-2519

Onawa Swimming Pool
200 12th St.
Onawa, IA 51040
Phone: 712-433-1597

Theaters in Monona County:

Iowa Theater
920 10th St.
Onawa, IA 51040
Phone: 712-423-1576
Website: <http://iowatheater.com/>

Monona County Community Directory



Senior Services:

Administration on Aging (AoA)

Website: <http://www.aoa.gov/AoARoot/Index.aspx>

“Vision

In order to serve a growing senior population, AoA envisions ensuring the continuation of a vibrant aging services network at State, Territory, local and Tribal levels through funding of lower-cost, non-medical services and supports that provide the means by which many more seniors can maintain their independence.”

“Mission

The mission of AoA is to develop a comprehensive, coordinated and cost-effective system of home and community-based services that helps elderly individuals maintain their health and independence in their homes and communities.”

Alzheimer’s Association – Big Sioux Chapter

800 5th St., Suite 140

P.O. Box 3716

Sioux City, IA 51102

Phone: 1-800-426-6512

Website: <http://www.alz.org/siouxland/>

“The Big Sioux Chapter of the Alzheimer’s and Related Disorders Association, is a voluntary regional health agency dedicated to providing direct services, support, advocacy and education to persons with Alzheimer’s or related disorders, families, caregivers, and community.” Respite care is also available for caregivers. Please call for more information or visit the website.

Burgess Health Center

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-2311

Website: www.burgesshc.org

Provides 24/7 care to all area residents and is the only hospital in Monona County. Burgess Health Center also provides many outpatient specialty clinics so area seniors don’t have to travel as far for services. Some of these clinics include: audiology, cardiology, dermatology, ENT, gynecology, neurosurgery, oncology, ophthalmology, ortho, physical medicine, podiatry, psychiatry, pulmonary, rheumatology, urology and vascular clinics.

Senior Services: (Continued)

Connections Area Agency on Aging (Meals on Wheels)

2301 Pierce Street

Sioux City, IA 51104

712-279-6900 or 800-798-6916

Website: <http://www.connectionsaaa.org/services/>

Provides the Case Management Program for the Frail Elderly (CMPFE), which coordinates community services to help seniors remain in their own homes. The program is designed to prevent premature institutionalization of the elderly by arranging for appropriate services. Some of the services available to eligible seniors include: adult day care, assistive devices, Chore services, personal emergency response systems, home delivered meals, home health aide services, homemaker services, home/vehicle modification, mental health outreach, nursing care, nutritional counseling, respite, senior companions, transportation and consumer directed attendant care to the elderly over age 60 in Monona County. Congregate meal sites sponsored by Connections Area Agency on Aging include the following:

Good Time Charlie's Restaurant and Malt Shop

(712) 279-6900

616 Whittier, Whiting, IA

Meals served each weekday at 11:30am

Mapleton Community Center

(712) 881-1032

511 Main Street, Mapleton IA

Meals served Mon, Wed & Fri at Noon

Onawa Senior Center

(712) 423-3066

1017 8th Street, Onawa IA

Meals served each weekday at Noon

Ute Senior Center

(712) 885-2228

107 Main Street, Ute, IA

Meals served each weekday at Noon

Department of Human Services (DHS)

Harrison County DHS (Also serves Monona County) 204 East Sixth St, P.O. Box 189 Logan, IA 51546

Phone: 1-800-326-7732

Statewide Abuse Hotline: 1-800-362-2178

Website: http://dhs.ia.gov/Consumers/Find_Help/County_Offices/monona.html

Offers financial support, medical assistance, food stamps, mental health & disability services. (Call to apply for Medicaid services)

Senior Services: (Continued)

**Dependent Adult Abuse
Abuse & Neglect Hotline
Department of Human Services
5th Floor Hoover Bldg.
Des Moines, IA.
Phone: 1-800-362-2178**

Website:

http://dhs.iowa.gov/Consumers/Safety_and_Protection/Abuse_Reporting/DependentAdultAbuse.html

Individuals can report dependent adult abuse to this number. Calls are taken on a 24-hour basis.

Home Health Agencies in Monona County:

**Burgess Home Health and Hospice
1600 Diamond St.
Onawa, IA 51040
Phone: 712-423-2311**

Website: www.burgesshc.org/homehealth/homehealth.htm

**Heights Home Health
114 North 4th St., Suite C
Mapleton, IA 51034
Phone: 712-881-7144**

Website: www.pionet.net/~maplhgts/heights/index.htm

**Iowa Concern
2020 DMACC Blvd.
Ankeny, IA. 50021
Toll Free: 1-800-447-1985**

Website: <http://www.extension.iastate.edu/iowaconcern/>

Iowa Concern is a program of the Iowa State University Extension service. The toll-free number serves urban as well as rural Iowa. By calling Iowa Concern one has access to an attorney for legal education, stress counselors, and information and referral services for a wide variety of topics. All Iowa Concern services are available 24 hours a day 7 days per week at no charge.

National Council on Aging – Benefits Check-Up

Website:

https://www.benefitscheckup.org/index.cfm?gohome=true&partner_id=0&CFID=5178480&CFTOKEN=69364289

“Many older people need help paying for prescription drugs, health care, utilities and other basic needs. Ironically, millions of older Americans — especially those with limited incomes — are eligible for but not receiving benefits from existing federal, state and

Senior Services: (Continued)

National Council on Aging – Benefits Checkup (continued)

local programs. Ranging from heating and energy assistance to prescription savings programs to income supplements, there are many public programs available to seniors in need if they only knew about them and how to apply for them.

Developed and maintained by The [National Council on Aging](#) (NCOA), BenefitsCheckUp is the nation's most comprehensive Web-based service to screen for benefits programs for seniors with limited income and resources.

Benefits Checkup includes more than 2,000 public and private benefits programs from all 50 states and the District of Columbia, such as:

- Prescription drugs
- Nutrition (including Supplemental Nutrition Assistance (SNAP)/Food Stamps)
- Energy assistance
- Financial
- Legal
- Health care
- Social Security
- Housing
- In-home services
- Tax relief
- Transportation
- Educational assistance
- Employment
- Volunteer services

Since 2001, millions of people have used Benefits Checkup to find benefits programs that help them pay for prescription drugs, health care, rent, utilities, and other needs. For more information on Benefits Checkup, contact us at comments@benefitscheckup.org.”

Nursing Homes:

Elmwood Care Centre

222 N 15th St.

Onawa, IA 51040

Phone: 712-423-2510

Website: www.elmwoodatonawa.com

Elmwood Care Centre is a 100-bed Medicare/Medicaid certified skilled nursing facility. Some of the amenities include an 8-foot bird aviary, full service beauty shop, an enclosed courtyard, two dining rooms and an activity room. Premiere Estates is an attached 24-unit assisted living quarters providing independent living with the security, privacy and the feeling of home. Other services include 24 hour skilled nursing care, respite care, specialized dietary service, wound care management, pain management, IV therapy, physical therapy, occupational therapy, and speech therapy.

Senior Services: (Continued)

Nursing Homes: (continued)

Maple Heights Nursing Home

2 Sunrise Ave.

Mapleton, IA 51034

Phone: 712-881-1680

Website: www.pionet.net/~maplhgts

Maple Heights is a 72-bed state and federally licensed nursing facility that is Medicare and Medicaid certified. The primary function is to provide a safe place for people who need nursing care to help with daily activities as prescribed by each individual's physicians for short recuperative periods as well as long term.

Pleasant View Care Center

200 Shannon Dr.

Whiting, IA 51063

Phone: 712-458-2417

Pleasant View Care Center is a Medicare/Medicaid certified facility and provides the following: Nursing home care, assisted living, senior community and is a Skilled Nursing Facility (SNF). Pleasant View Care Center caters to both short and long-term patient care. "It is primarily engaged in providing skilled nursing care and related services for residents who require medical or nursing care; or rehabilitation services for the rehabilitation of injured, disabled, or sick persons." Please call for more information.

US Social Security Administration

3555 Southern Hills Dr.

Sioux City, IA 51106

Phone: 712-255-5525

Website: <http://ssa.gov/>

- [Get or replace a Social Security card](#)
- [Apply for retirement benefits](#)
- [Apply for disability benefits](#)
- [Apply for Medicare](#)
- [Apply for other benefits](#)
- [Estimate your retirement benefits](#)
- [Get extra help with Medicare prescription drug costs](#)
- [Learn what you can do online](#)
- [Check the status of your application](#)
- [Services for people currently receiving benefits](#)
- [Request a Social Security Statement](#)
- [Get a form](#)
- [Get a publication](#)
- [Appeal a disability decision](#)
- [Services for the homeless, representative payees, governments, financial planners, human resource professionals & third parties](#)
- [Research popular baby names](#)
- [Find a Social Security office](#)

Senior Services: (Continued)

**Veteran Affairs
Monona County Courthouse
Contact Person: Kelly Hansen
610 Iowa Ave.
Onawa, IA 51040
Phone: 712-433-3710**

**Veteran's Rehabilitation & Employment Office (Sioux City)
1551 Indian Hills Dr.
Suite 214
Sioux City, IA 51104
Phone: 712-255-3808
Website: <http://www2.va.gov/directory/guide/facility.asp?ID=5485>**

Monona County Community Directory



Spiritual Care:

Blencoe:

United Church of Christ – Blencoe
126 N Manley
Blencoe, IA 51523
Phone: 712-452-2026

St. Bernard's Catholic Church
Main St.
Blencoe, IA 51523
Phone: 712-423-1004 (Call St. John's rectory in Onawa)

Castana:

Castana Community Church
101 4th St.
Castana, IA 51010
Phone: 712-353-6681

Mapleton:

Faith Bible Church
702 Main St.
Mapleton, IA 51034
Phone: 712-882-1390

St. John's United Methodist Church
212 S. 7th St.
Mapleton, IA 51034
Phone: 712-882-1936

St. Mary's Catholic Church
703 Heisler St.
Mapleton, IA 51034
Phone: 712-882-1780

Spiritual Care: (continued)

Mapleton: (continued)

St. Matthew Lutheran Church
504 Walnut
Mapleton, IA 51034
Phone: 712-881-2243

St. Peter's United Church of Christ
510 Ring St.
Mapleton, IA 51034
Phone: 712-882-2335

Moorhead:

Bethesda Lutheran Church
703 Pine St.
Moorhead, IA 51558
Phone: 712-886-5241

Christian Church
407 Oak St., P.O. Box 6
Moorhead, IA 51558
Phone: 712-886-5532

Onawa:

Community of Christ
1222 11th St.
Onawa, IA 51040
Phone: 712-423-2353

Faith Lutheran Church ELCA
316 15th St.
Onawa, IA 51040
Phone: 712-423-1846

First Christian Church
722 15th St.
Onawa, IA 51040
Phone: 712-423-2466

Jehovah's Witnesses
1006 Lucas St.
Onawa, IA 51040
Phone: 712-423-1107

Onawa Bible Baptist Church
903 Diamond St.
Onawa, IA 51040
Phone: 712-423-9852

Spiritual Care: (continued)

Onawa: (continued)

Onawa Evangelical Free Church
2160 Iowa Ave. N.
Onawa, IA 51040
Phone: 712-433-2395

St. John's Catholic Church
1003 13th St.
Onawa, IA 51040
Phone: 712-423-1004

United Methodist Church
1107 13th St.
Onawa, IA 51040
Phone: 712-423-1115

United Pentecostal Church
406 Iowa Ave.
Onawa, IA 51040
Phone: 712-423-3324

Soldier:

Soldier Lutheran Church
223 Lark St.
Soldier, IA 51572
Phone: 712-884-2434

Turin:

United Methodist Church
219 Wolfe St.
Turin, IA 51040
Phone: 712-353-6670

Ute:

St. Paul's Lutheran Church
303 E 4th St.
Ute, IA 51060
Phone: 712-885-2221

Whiting:

First Congregational Church
429 Whittier
Whiting, IA 51063
Phone: 712-455-2475

Spiritual Care: (continued)

Whiting: (continued)

Jehovah's Witnesses
721 West
Whiting, IA 51063
Phone: 712-458-2411

Whiting Christian Church
716 West St.
Whiting, IA 51063
Phone: 712-455-2250

Monona County Community Directory



Support Groups:

Alcoholics Anonymous (AA)

Blencoe:

Church of Christ
126 N. Manley St.
Blencoe, IA 51523
Time: Friday, 7:00 p.m.

Mapleton:

St. John's United Methodist Church
212 S. 7th St.
Mapleton, IA 51034
Time: Wednesday, 8:00 p.m.

Moorhead:

Bethesda Lutheran Church
703 Pine St.
Moorhead, IA 51558
Time: Monday, 8:00 p.m.

Onawa:

Faith Lutheran Church
316 15th St.
Onawa, IA 51040
Time: Monday, 8:00 p.m.

Burgess Health Center Conference Room
1600 Diamond St.
Onawa, IA 51040
Time: Saturday, 5:00 p.m.

Turin:

Turin Community Center
Hwy 175
Turin, IA 51040
Time: Saturday, 8:00 p.m.

Support Groups: (continued)

Alcoholics Anonymous (AA) (continued)

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Alzheimer's Association – Big Sioux Chapter

800 5th St., Suite 140

P.O. Box 3716

Sioux City, IA 51102

Phone: 1-800-426-6512

Website: www.alz.org/siouxland/in_my_community_support.asp

Provides support and respite services to family and caregivers of Alzheimer's patients.

Diabetes Support Group

Burgess Health Center

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-9268

Time: Meets the 1st Thursday of the month. Call for time.

Website: <http://www.burgesshc.org/services/support.htm>

Family Crisis Centers of Northwest Iowa

Phone: Crisis Hotline: 1-800-382-5603

Office Phone: 1-712-263-3765

Serving victims of domestic violence and sexual assault in Calhoun, Carroll, Crawford, Monona, Lyon, O'Brien, Osceola, and Sioux Counties. Offering **FREE AND CONFIDENTIAL** services for children and adults including:

- **Shelter and Transitional Housing** – safe haven for victims of domestic violence and sexual assault and their children. The newly-constructed shelter has a bed-and-breakfast home-like environment. Food and personal items are provided for our shelter guests.
- **Information and Referrals** – to various agencies to meet current needs.
- **Legal and Personal Advocacy** – to assist individuals or on behalf of individuals as they seek additional services. Types of advocacy include legal, medical and personal.
- **Support Groups** – to help individuals break the cycle of violence in their lives through peer support.
- **24-Hour Crisis Hotline** – is a 24-hour telephone service providing support, crisis intervention, general information, and referrals to various agencies: **1-800-382-5603**
- **Crisis Counseling** – to provide support and to assist individuals in identifying needs and options.

Monona County Community Directory



Tourism & Community Development:

Discover Monona County:

<http://www.discovermononacounty.com/>

Kiwanis Museum Complex – Onawa, IA.

<http://www.iowabeautiful.com/southwest-iowa-tourism/126-kiwanis-museum-complex.html>

Lewis & Clark Keelboat Display – Onawa, IA.

<http://www.iowabeautiful.com/southwest-iowa-tourism/125-lewis-clark-keelboat-display.html>

Mapleton Tourism:

<http://mapleton.com/tourism.asp>

Maple Valley Development, Inc.:

http://mapleton.com/economic_development.asp

Monona County Economic Development Partnership: 712-433-4493

<http://mcedp.org>

Onawa Tourism:

<http://www.onawa.com/>

Onawa Chamber of Commerce: 712-423-1801

<http://www.onawachamber.com/>

Monona County Community Directory



Transportation:

Connections Area Agency on Aging

2301 Pierce St.

Sioux City, IA 51104

Phone: 1-800-798-6916

Website: <http://www.connectionsaaa.org/services/>

“Connections Area Agency on Aging has a contract with Siouxland Regional Transit System to provide rides to seniors in the five county areas of Cherokee, Ida, Plymouth, Monona and Woodbury. This program is funded with Older American Act Title IIIB funds and is called the Community Transportation Program (CTP). The only requirement the applicant must meet for this program is the age eligibility requirement of 60 and over.

- If you ride the Sioux City Transit bus (fixed route), CTP can help subsidize the tickets for you.

There are three curb to curb services covered under this contract with Siouxland Regional Transit:

- **Rural** – Provided by Siouxland Regional Transit System (approved by CTP using Older American Act funding guidelines). Green tickets are purchased at a cost to CTP of \$3.50/one way trip. Participants are given a suggested contribution rate of \$1.75/one way trip ticket.
- **Urban** – Provided by Siouxland Regional Transit System (Approved by CTP using Older American Act funding guidelines). Yellow tickets are purchased at a cost to CTP of \$10.00/one way trip. Participants are given a suggested contribution rate of \$5.00/one way trip ticket.
- **Para** – Provided by Sioux City Para Transit (through a subcontract with Siouxland Regional Transit System) Approved by Sioux City Para Transit application process. Pink tickets are purchased at a cost to CTP of \$3.60/one way trip. Participants are given a suggested contribution rate of \$1.80/one way trip ticket.

Mobility Coordinators focus on meeting your individual transportation needs by identifying transportation options and service providers, while offering education on how to use public transportation. They educate local communities and enhance awareness of available mobility options and play an important role

Transportation: (continued)

Connections Area Agency on Aging (continued)

Mobility Coordinators (continued)

in travel training. See website for more information

http://www.iowadot.gov/iowamobilitymanagement/pdf/mobilitymanagers_map.pdf

TMS Management Group, Inc. (For Iowa Medicaid Eligible Clients)

(Iowa Non-Emergency Medical Transportation)

5300 Fleur Drive, Room 231

Des Moines, IA 50321-2584

Phone: 1-866-572-7662

Website: <http://tmsmanagementgroup.com/index.php/iowa-medicaid-net-program>

Effective October 1, 2010:

- All Iowa Medicaid clients who need transportation to non-emergency medical appointments must call 1-866-572-7662 Monday – Friday between 8:00 a.m. and 5:00 p.m. to schedule transportation. You must do this **AT LEAST 72 HOURS** prior to the trip. **DO NOT CALL YOUR DHS CASE WORKER.**
- TMS will determine who provides your trip.
- Your trip may be provided by a public transit system, a private transportation company, a non-profit organization, a volunteer, or some other person who has a contract with TMS. In some cases, mileage reimbursement may be available to Members who drive themselves, but this must be approved by TMS prior to your trip.
- Be prepared to tell the TMS operator your name and Medicaid identification number.
- Be prepared to tell the TMS operator why you need to travel, the address where you need to travel, the name of the provider you will be seeing, and when you need to travel. (Who, what, when, where, why?)
- Escorts are allowed due to age, disability or a medical necessity.
- Wheelchairs must be supplied by the member.
- Car seats must be supplied by the member.
- Drivers cannot enter a member's home or a medical facility.
- Drivers are only required to wait 10 minutes past the scheduled pick up time. Please be ready.
- If your appointment is canceled or rescheduled, please call 1-866-572-7662 immediately to let them know.

Who can call for transportation? You, a relative, caregiver, or medical facility staff member.

If you have questions call Member Services at 1-800-338-8366 or go to the website listed above.

Monona County Community Directory



Volunteer Opportunities:

The following community organizations/businesses are always looking for new members and/or volunteers to assist in many capacities. Please call the contact number listed for more information or contact the businesses or organizations in your town to find out what other volunteer opportunities are available.

Boy Scout Leader (Volunteer) -

<https://beascout.scouting.org/>

You may also volunteer professionally statewide at the following address:

Iowa Statewide Emergency Registry for Volunteers (I-SERV)

<http://www.idph.state.ia.us/ems/iserv.asp>

Burgess Auxiliary

Burgess Health Center

1600 Diamond St., Onawa, IA 51040

Contact Person: Jean Pekarek – 712-423-9201

Website:

<http://www.burgesshc.org/gifting/Burgess%20Auxillary%20Membership%20and%20Volunteer%20Form.pdf>

- Ventures Art & Craft Show
- Act II
- Gift Shop
- Supply Baked Goods for Special Events
- Blood Bank
- Hospice
- Lobby Greeters Desk
- Surgery Volunteer Desk

Early Childhood Iowa Board

610 Iowa Ave.

Onawa, IA 51040

Contact Person: Diane Foss - 712-433-9553

Volunteer Opportunities: (continued) **Early Childhood Iowa Board (continued)**

You could help improve the quality of life for children ages 0-5 and their families by volunteering to serve on the Early Childhood Iowa Board (formerly known as the Empowerment Board) to represent Monona County. Presently the Early Childhood Iowa Board serves Harrison, Monona and Shelby counties in this area. This board meets six times a year (but not from June 15th – August 31st) Board meetings are held in Logan, IA the 2nd Thursday of every other month at 1:00 p.m. for a period of 1-2 hours. Transportation is provided if needed.

4-H Leaders

Monona County Extension Service

119 Iowa Avenue

Onawa, IA 51040

Phone: 712-423-2175

Website: <http://www.extension.iastate.edu/monona/kidsteens.htm>

Contact the Monona County Extension Service to find out about volunteering as a 4-H leader in the county.

Friends of the Library – (Onawa Public Library)

707 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-1733

Friends of the Library is an organization dedicated to the enhancement of the library and offer many volunteer activities throughout the year.

Girl Scout Leader (Volunteer) - <http://www.girlscoutsiowa.org/volunteering.cfm>

Monona County Community Alliance (MCCA)

The Monona Community Alliance is a group of volunteers working together to improve the health and safety of our local communities in Monona County. So far, MCCA has a Steering Committee and several chartered sub-groups including:

- ERASE – Everyone Raising Awareness of Substance Abuse Education
- Early Childhood Coordination of Care
- Emergency Preparedness
- Promote Importance of Increasing Adult and Childhood Immunization Rates
- Healthy Communities

Call Monona County Public Health for more information: 712-433-1773

http://www.mononacountypublichealth.org/Mo_Co_Community_Alliance.html

Volunteer Opportunities: (continued)

Monona County Public Health

610 Iowa Ave.

Onawa, IA 51040

Phone: 712-433-1773

Website:

http://mononacountypublichealth.org/uploads/Volunteer_with_Public_Health.pdf

Volunteer Interest Forms:

[Professional Intake Form](#) – (Licensed professionals)

[Non-Professional Intake Form](#) – (Non-licensed interested citizens)

The Monona County Public Health Department has developed a public health emergency plan to protect the public's health, the environment, and to prevent the occurrence and transmission of disease. In the event of a public health emergency, volunteers may be needed to respond to floods, tornadoes, or disease outbreaks such as influenza or smallpox.

Depending on the emergency, volunteers will be needed to perform a variety of different jobs. Some job duties require little training, and others require a professional license such as a registered nurse, medical doctor, pharmacist, physician's assistant, or nurse practitioner. Volunteers may be practicing, retired, or otherwise employed.

See also:

Iowa Statewide Emergency Registry for Volunteers (I-SERV)

<http://www.idph.state.ia.us/ems/iserv.asp>

Iowa Emergency Registry of Volunteers (I-SERV) is the Iowa Department of Public Health online system that functions as a central location for health professionals looking to volunteer following a large scale disaster or other public health emergency. I-SERV is part of a national effort to coordinate and assemble volunteers to assist following a disaster by providing additional staff to meet all health care needs.

OTHER COMMUNITY SERVICE GROUPS THAT REQUIRE A MINIMAL FEE TO JOIN:

Mapleton Rotary Club

Contact Person: Keith Robinson: 712-881-1460

Pastor Harvey Hanson: 712-353-6317

Onawa Chamber of Commerce

Contact Person: Brent McCall, President

Jennifer Collison, Secretary: 712-423-1801

Volunteer Opportunities: (continued)

Onawa Kiwanis Club

Contact Person: Brent McCall: 712-423-2742

Onawa Women's Club

Contact Person: Anne Radke: 712-423-3758

Monona County Community Directory



Youth:

If you are unsure of where to find information on youth programs, contact the city office in your respective town. Many churches also offer summer bible school programs or other youth programs. Contact your local church for more information.

Boomerang

Monona County Extension Service

119 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-2175

Website: <http://www.extension.iastate.edu/4H/Boomerang/>

“Boomerang offers a way for communities, schools and other groups to nurture self-esteem among our youth and help them develop the character traits that will lead to successful lives for them and a healthy, functioning society for all.” This is an Iowa State University Extension program that has been instituted at West Monona Community School through the Monona County Extension Service.

4-H

Monona County Extension Service

119 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-2175

Website: <http://www.extension.iastate.edu/monona/kidsteens.htm>

Boy Scouts of America

Website:

<http://www.scouting.org/FAQ/~link.aspx?id=E9A1AAAF3944FD7B52B0D5C6EC53254&z=z>

City of Mapleton Recreation Programs:

Website:

<http://mapleton.com/recreation.asp>

City of Onawa Recreation Programs:

Website: http://www.onawa.com/index.asp?Type=B_BASIC&SEC={8F49AB60-0544-422C-9F87-6C9303AC9B11}

Youth: (continued)

City of Whiting Recreation Programs:

Contact Whiting Community School for summer recreation programs:

Phone: 712-455-2468

Website: <http://www.whitingcsd.org/>

Contact Karen at the city office for taking the bus to swimming lessons in Onawa during the summer.

Phone: 712-455-2414

Girls Scouts of America

Website: <http://www.girlscouts.org/councilfinder/>

Ricochet

Monona County Extension Service

119 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-2175

Website: <http://www.extension.iastate.edu/ricochet/AboutUs>

“Ricochet: An Extreme Leadership Adventure is a middle school leadership initiative created and sponsored by Iowa State University Extension and Iowa 4-H.”

“To ricochet means to move round -- with a lot of energy -- and be unpredictable . . . sort of like middle school youth. They bounce from one thing to the next -- trying on different roles -- as they find their place in the world.” Contact Monona County Extension Service for more information or visit the website above.

Summer Reading Programs:

Mapleton Public Library

609 Courtright St.

Mapleton, IA 51034

Phone: 712-881-1312

The summer reading program at the Mapleton Public Library is for preschool children through the 5th grade. Please call the library for specific dates and times scheduled for this year’s summer reading program.

Onawa Public Library

707 Iowa Ave.

Onawa, IA 51040

Phone: 712-423-1733

The summer reading program at the Onawa Public Library is for students going into 1st grade through students going into 5th grade (or age equivalent for home schooled children). The summer reading program is held during the month of June each year. Please call the library for specific dates and times.

Youth: (continued)

Summer Reading Programs: (continued)

**Whiting Public Library
407 Whittier St.
Whiting, IA 51063
Phone: 712-455-2612**

The summer reading program at the Whiting Public Library is for preschool children through age 10, although all children are welcome. The summer reading program is held on Fridays at 10:00 a.m. during the month of July each year.

Swimming Lessons:

**Mapleton Pool
609 Sioux St.
Mapleton, IA 51034
Phone: 712-881-2519 or call City Hall at 712-881-1351**

**Onawa Swimming Pool
200 12th St.
Onawa, IA 51040
Phone: 712-433-1597 or call the Onawa Community Center at
712-433-2201 for more information**

West Monona Key Club

**Sponsored by the Onawa Kiwanis Club
Teacher advisor: Marcy Clark
Phone: 712-433-2453 (Call West Monona Principal's office for details)**

This is a national youth service organization for West Monona 9th-12 grades. Service projects are decided by the membership. This organization is sponsored by the Onawa Kiwanis Club.