

Monona County Community Directory



Child Care & Early Childhood:

1st Five

**HCCMS (Harrison, Crawford, Cass, Monona, Shelby) Family Health Services
105 N Main
Denison, IA 51442
Phone: 712-263-3303**

1st Five is a public-private partnership bridging primary care and public health services in Iowa for children and their families from birth to age five. The 1st Five model supports health providers in the early detection of social-emotional and developmental delays and family risk-related factors in children from birth to five and coordinates referrals, interventions and follow-up.

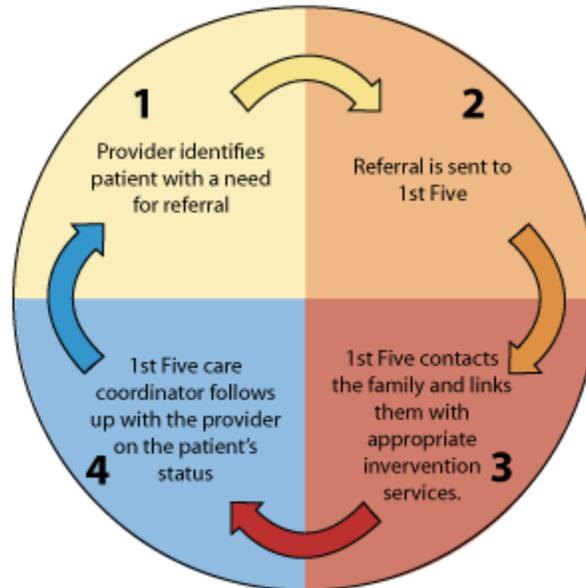
- 1) The primary care provider performs standardized surveillance for social/emotional development, family stress and parental depression.
- 2) When a medical provider discovers a concern, the provider makes a referral to a 1st Five coordinator (HCCMS in Crawford County at 712-263-3303)
- 3) Shortly after receiving the referral, the coordinator contacts the family to discuss available resources that will meet the family's needs. Often other issues come to light during these discussions and additional referrals are made. For every one medical provider referral to 1st Five, 2-3 additional referrals are identified when the care coordinator contacts the family. The coordinator works extensively with families to assure follow-up and access to services.
- 4) The care coordinator then provides feedback to the referring provider on the status of the referral. Overall improved patient care results from this comprehensive, family-centered approach.

For more information: <http://www.idph.state.ia.us/1stfive/default.asp>

Child Care & Early Childhood: (continued)

1st Five (Continued)

HCCMS (Harrison, Crawford, Cass, Monona, Shelby) Family Health Services
105 N Main
Denison, IA 51442
Phone: 712-263-3303



(AEA) Area Education Agency

Northwest Area Education Agency

801 10th St.

Onawa, IA 51040

Phone: 712-433-2071

Website: <http://www.nwaea.k12.ia.us>

The goal of Northwest AEA is to “provide exemplary leadership and educational services to all children, families and communities in Northwest AEA. Northwest AEA provides visionary leadership and quality, student-centered services through relationships with families, schools and communities. Various specialties that make up our Early Childhood teams include: speech-language pathology, occupational therapy, physical therapy, consultation, hearing, social work and vision.” Northwest AEA serves 10 counties in northwest Iowa including Cherokee, Crawford, Ida, Lyon, Monona, O’Brien, Osceola, Plymouth, Sioux and Woodbury.

Child Care & Early Childhood: (continued)

AEA EARLY ACCESS: (BIRTH TO AGE 3)

Early Access is a partnership between families with young children, birth to age three, and providers from the Departments of Education, Public Health, Human Services, and the Child Health Specialty Clinics. The purpose of this program is for families and staff to work together in identifying, coordinating and providing needed services and resources that will help the family assist their infant or toddler to grow and develop.

AEA EARLY ACCESS SERVICES:

The family and providers work together to identify and address specific family concerns and priorities as they relate to the child's overall growth and development. In addition, broader family needs and concerns can be addressed by locating other supportive/resource services in the local community for the family and/or child. All services to the child are provided in the child's natural environment including the home and other community settings where children of the same age without disabilities participate.

AEA EARLY ACCESS SERVICES REQUIRED TO BE PROVIDED TO CHILDREN AND FAMILIES INCLUDE:

- Service Coordination
- Screenings, evaluation and assessments
- "Individualized Family Service Plan" (IFSP)
- Assistive Technology
- Audiology
- Family Training/Counseling
- Health Services
- Medical evaluations to determine eligibility
- Nursing
- Nutrition
- Occupational Therapy
- Physical Therapy
- Psychology
- Social Work
- Special Instruction
- Speech Language Therapy
- Vision
- Transportation

AEA EARLY ACCESS AGE REQUIREMENTS AND ELIGIBILITY:

An infant or toddler under the age of three (birth to age three) who:

- Has a condition or disability that is known to have a high probability of later delays if early intervention services were not provided, OR
- Is already experiencing a 25% delay in one or more areas of growth or development.

Child Care & Early Childhood: (continued)

AEA EARLY CHILDHOOD (3-5 YEARS)

Professionals with training and expertise in special education services implement the federal Individuals with Disabilities Education Act, Part B and support the educational needs of young children and families, three to five years of age. Early childhood special education professionals provide training and serve as a resource to early childhood special education teachers in public schools, early childhood providers in community settings such as preschool, child care and Head Start programs to meet the developmental learning needs of young children. Also, families and early childhood providers may request information about appropriate expectations for children's development.

See the **Department of Education Web Link:**

http://www.iowa.gov/educate/index.php?option=com_content&task=view&id=631&Itemid=2139

Northwest AEA EARLY CHILDHOOD (3-5 YEARS) (continued)

Contact:

Cindy Chettinger

Supervisor/Early Childhood Special Education

Phone: 1-800-352-9040 Ext. 6340

cchettinger@nwaea.k12.ia.us

In addition, the Educational Services Early Childhood consultant and the Early Childhood Special Education consultants work collaboratively to provide support to all early childhood centers and programs, both public and private, in the Northwest Area Education Agency. We provide on-going professional development to all preschool providers. Training opportunities include Quality Preschool Program Standards (QPPS), Every Child Reads (ECR), Positive Behavior Support (PBS), Iowa Early Learning Standards (ELS), and curriculum specific to early childhood.

Contact:

Mary Groen

Early Childhood Consultant

Phone: 1-800-352-9040, Ext. 6122

mgroen@nwawa.k12.ia.us

Cindy Chettinger

Early Childhood Special Education

Phone: 1-800-352-9040, Ext. 6340

cchettinger@nwawa.k12.ia.us

Child Care & Early Childhood: (continued)

Child Care Resource & Referral:

West Central Community Action Agency

P.O. Box 709

Harlan, IA. 51537

Phone: 1-800-945-9778

Website: <http://swiowachildcare.org>

Helps parents make informed choices about all aspects of care for children: Referrals to child care providers at no cost, information on cost factors, help on how to choose quality child care, information on child care, early childhood education, child development, advocacy and more. Services are individually tailored to specific family needs. Child Care Resource & Referral serves southwest Iowa including Monona County and is funded by the Iowa Department of Human Services. Child Care Resource & referral also works with Early Childhood Iowa (Empowerment) to better serve the residents of southwest Iowa.

Early Education Services: Pre-Kindergarten

Early Childhood Iowa (Formerly Empowerment)

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-9553

Website: <http://www.state.ia.us/earlychildhood/>

“Early Childhood Iowa is a confederation or alliance of stakeholders in Early Care, Health and Education systems that affect children age 0 to 5 in the state of Iowa. Its purpose is to support the development and integration of an Early Care, Health and Education system for Iowa.”

Head Start – West Central Community Action Agency

410 S. 6th St.

Mapleton, IA. 51040

Phone: 712-882-1060 (center) or 1-800-698-5886 (office)

Website: <http://www.westcentralca.org>

The Mapleton site offers Head Start Preschool from 8:00 a.m. – 4:00 p.m. Monday through Friday during the school year only.

Head Start – West Central Community Action Agency

307 10th St.

Onawa, IA. 51040

Phone: 712-423-2409 (center) or 1-800-698-5886 (office)

Website: <http://www.westcentralca.org>

Child Care & Early Childhood: (continued)
Early Education Services: Pre-Kindergarten (continued)

Head Start – West Central Community Action Agency
307 10th St.
Onawa, IA. 51040
Phone: 712-423-2409 (center) or 1-800-698-5886 (office)
Website: <http://www.westcentralca.org>

The Onawa site offers Head Start Preschool from 8:00 a.m. – 2:00 p.m. in one classroom and additional childcare hours in the other classroom: from 6:00 a.m. to 8:00 a.m. and then again from 2:00 p.m. until 6:00 p.m. for families who qualify for child care services.

Head Start is a federal program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.

Head Start programs provide a learning environment that supports children's growth in the following domains:

- language and literacy;
- cognition and general knowledge;
- physical development and health;
- social and emotional development; and
- approaches to learning.

Head Start programs provide comprehensive services to enrolled children and their families, which include health, nutrition, social, and other services determined to be necessary by family needs assessments, in addition to education and cognitive development services. Head Start services are designed to be responsive to each child and family's ethnic, cultural, and linguistic heritage.

Head Start emphasizes the role of parents as their child's first and most important teacher. Head Start programs build relationships with families that support:

- family well-being and positive parent-child relationships;
- families as learners and lifelong educators;
- family engagement in transitions;
- family connections to peers and community; and
- families as advocates and leaders.

Child Care & Early Childhood: (continued)

Iowa State University Extension and Outreach – parenting info

2150 Beardshear Hall

Ames, IA 50010-2046

Phone: 800-262-3804 or call

Monona County Extension Service: 712-423-2175 for more info.

Website: <http://www.extension.iastate.edu/humansciences/just-time-parenting>

Just in Time Parenting is a website that highlights information and strategies identified by researchers as those most crucial to helping children thrive – promoting healthy growth and development, preparing children for school success, reinforcing positive parenting behaviors and affirming healthy interpersonal and family relationships.

For other parenting tips from Iowa State University Extension and Outreach, visit: <http://www.extension.iastate.edu/homefamily/parenting>

Learning for Life (LFL) Parenting Program

Monona County Public Health

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-1773

Website: http://mononacountypublichealth.org/Learning_for_Life.html

For parents and their children from birth through age 5. This is a free program to help give your child the best start in life and prepares your child/children for a positive school experience. This program helps your child develop physically, emotionally and socially in the comfort of your own home at a time that is convenient for you.

The Learning for Life program is presented to Monona County residents by certified Parents as Teachers (P.A.T.) educators. Our certified public health staff uses the P.A.T. curriculum, which is an internationally recognized program that promotes school readiness. This program is funded by Early Childhood Iowa grant funds.

Important aspects of the Learning for Life (LFL) Program:

- Home visits to help you learn about child development, how your child's brain is developing, talk about concerns, ask questions, and share the joys and frustrations of parenting.
- Developmental screenings to reassure you of your child's progress and to help identify potential problems.
- Parenting groups to help learn from one another and to support one another.
- A resource network that can help parents find services in their community, if needed.

Why join?

- Free early learning program services.
- To learn more about your child's growth and development.
- To turn your child's every day experiences into fun-filled learning opportunities.
- To receive research-based, practical answers to your parenting questions.

Child Care & Early Childhood: (continued)

Learning for Life (LFL) Parenting Program (continued)

Monona County Public Health

610 Iowa Ave.

Onawa, IA. 51040

Phone: 712-433-1773

Website: http://mononacountypublichealth.org/Learning_for_Life.html

Why join? (continued)

- To create an eager learner who is ready for school.
- To learn ways to build a stronger relationship with your child.
- To get a “pat on the back” for the things you are doing well as a parent.

Parent-Child Interaction Therapy (PCIT)

Facilitated by therapists from Burgess Mental Health

1600 Diamond St.

Onawa, IA 51040

Phone: 712-423-9160

Website: <http://www.pcit.org/>

Parent-Child Interaction Therapy (PCIT) is an empirically-supported treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. PCIT International was created to promote fidelity in the practice of Parent-Child Interaction Therapy through well-conducted research, training, and continuing education of therapists and trainers. By creating an interface between the scholarly activities of PCIT researchers and the expertise of front-line clinicians, PCIT International promotes healthy family functioning.

The goals of PCIT International are to:

- Foster the growth and expertise of the network of local, regional, national, and international PCIT therapists
- Highlight the research activities and clinical innovations developed by the PCIT community
- Empower parents to make changes that will lead to a nurturing and secure relationship with their children
- Improve the lives of children and families worldwide through the provision of sound, empirically-based assessment and treatment.